

# Diapering Routine



## Step 1: GET ORGANIZED

- Non-absorbent pad or disposable paper
- Clean diaper, clean cloth or disposable wipe, gloves (recommended especially during an outbreak)
- Plastic bag for soiled items
- Diapering cream removed from container and placed on a clean tissue
- Sanitizing Solution
- Diapering area should be adjacent to the hand washing station
- **WASH HANDS before handling the child**



## STEP 2: DIAPERING PROCEDURE

- Place child on clean changing surface
- Remove soiled diaper and discard diaper in a receptacle bin (Reusable diapers and soiled clothing must go in a labeled plastic bag and be sent home with parents. **DO NOT** rinse soiled clothing and diaper).
- Cleanse skin with moist disposable cloth/wipe from front to back
- Place soiled wipe into receptacle bin
- Gloves should be removed and disposed of immediately
- **WASH YOUR HANDS**
- Use tissue and apply cream
- Diaper and dress child
- **WASH BOTH THE CHILD'S AND CAREGIVER'S HANDS** with soap and warm water then dry using paper towel
- Return child to activities

*Remember:* Receptacle bin should be lined with disposable plastic, operate hands-free (foot pedal preferred), and have lid for proper and secure closure

## STEP 3: CLEANING OF DIAPERING AREA

- If single use paper is used discard paper in plastic lined receptacle
- If change area is visibly soiled, clean surface before disinfecting
- To disinfect surface use disinfectant solution
- Allow diapering table/surface to air dry or wipe dry with a clean paper towel, then discard.
- **WASH HANDS** with soap and warm water then dry using a paper towel.
- Record any unusual bowel movements or skin conditions as necessary.

