

PHYSICAL ACTIVITY DIRECTORY

BELLEVILLE

The Physical Activity Network of Hastings and Prince Edward counties compiled this directory of physical activity opportunities. It is intended to make people aware of ways to be physically active and is for personal use only.

Category	Name of Organization	Information	Address
Aquatics	City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632 tgrierson@city.belleville.on.ca	265 Cannifton Road, Belleville www.city.belleville.on
	YMCA	Belleville YMCA 613-966-9622 info@bellevilleymca.ca	433 Victoria Ave, Belleville www.ymcabellevillequinte.ca
	Harbour Fitness Club	613-779-6423 Info@FamFitCentre.com	25 Dundas St. West, Belleville www.FamFitCentre.com
Arenas	Dick Ellis Rink	Belleville Recreation, Culture & Community Services 613-966-4632 Site: 613-968-6862	Harder Rd. Belleville
	Wally Dever Arena	Belleville Recreation, Culture & Community Services 613-967-3300 Site: 613-967-3300	265 Cannifton Road, Belleville www.city.belleville.on
	Yardman Arena	Belleville Recreation, Culture & Community Services 613-967-3324 Site: 613-966-3324	265 Cannifton Road, Belleville www.city.belleville.on
Badminton	Bay of Quinte Jr. Badminton Club	Tom Dolan 613-968-7942	www.bqyc.org/bbc/junior/junior.htm
	Belleville Badminton Club	bbc2play@yahoo.ca	www.bqyc.org/bbc
Ball Hockey	Belleville & Quinte Minor Ball Hockey	Rick Carr 613-969-5757 info@bellevilleballhockey.ca	www.bellevilleballhockey.ca
Baseball	Belleville Amateur Baseball	Jenn Walmsley 613-477-1807 bababuc@live.ca	241 Scuttlehole Rd., Plainfield www.bellevillebaseball.com
	Belleville Ladies Business Softball League	Sue Way 613-962-0727	
	Belleville Minor Softball Assoc	Debbie MacDonald 613-966-8214 bellevillesoftball@gmail.com	www.bellevilleminorsoftball.com

	Belleville Mixed Slow Pitch League	John Chesterton 613-779-8021 bmspball@yahoo.ca	home.cogeco.ca/~belleville-mixed-slopitch
	Belleville Bucs Rep Baseball	Jason Walmsley 613-477-1807	www.bellevillebucs.com
Baseball Diamonds	Cascade Park	Belleville Recreation, Culture & Community Services 613-966-4632	Cascade Blvd, Belleville www.city.belleville.on
	Centennial Park	Belleville Recreation, Culture & Community Services 613-966-4632	Off Bridge W, Belleville www.city.belleville.on
	Kiwanis East Bayshore Park	Belleville Recreation, Culture & Community Services 613-966-4632	End of South George St., www.city.belleville.on
	M.A. Sills Park	Belleville Recreation, Culture & Community Services 613-966-4632	140 Palmer Rd, Belleville www.city.belleville.on
	Parkdale Park	Belleville Recreation, Culture & Community Services 613-966-4632	Sidney St to Maple Dr to Birch St, www.city.belleville.on
	Thurlow Park	Belleville Recreation, Culture & Community Services 613-966-4632	Harmony Road, Belleville www.city.belleville.on
	Tom Gavey Alemite Park	Belleville Recreation, Culture & Community Services 613-966-4632	Pine St, Belleville www.city.belleville.on
Basketball	Little NBA Basketball League	Tim Coates or Steve Goyer 613-967-0404	
Biking	Bayshore Trail	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Massassauga Point Conservation Area	613-968-3434 quinteca@quinteconservation.ca	2061 Highway 2, R.R.#2, Belleville www.quinteconservation.ca
	Quinte Conservation	Terry Murphy 613-968-3434 quinteca@quinteconservation.ca	2061 Highway 2, R. R. #2, Belleville www.quinteconservation.ca
	Riverfront Trail	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
Biking Clubs	Chaingang Bicycle Club	chaingang@lanroc.com	Meyers Pier

Boating	Belleville Dragon Boat Club	Cheryll Drumm info@BellevilleDragonBoatClub.com	41 Craig Street, Belleville www.bellevilledragonboatclub.com
Bowling	Belleville Lawn Bowling Club	613-962-5460 or 613-968-2896 liz.h2010@hotmail.com	40 Yeomans St., Belleville
	Belleville Pro Bowl	613-962-3429	470 Dundas St. E., Belleville
	Carpet Bowling	Jean Colwill 613-779-6052	
	Quinte Bowling Centre	613-967-2695 ronjones@xplorenet.com	17 Roy Blvd., Belleville www.quintebowlingcentre.com
Boxing	Quinte Boxing Club	613-962-8244	4 Lexington Cres., Belleville
	Belleville Boxing Club	Shirley 613-477-2160	1559 Hwy 37, Belleville
Camps Day & Specialty	Bay of Quinte Yacht Club	613-827-SAIL or 613-966-5931 school@bqyc.org	Victoria Park - off Front St., Belleville www.bqyc.org
	City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632 tgrierson@city.belleville.on.ca	265 Cannifton Road, Belleville www.city.belleville.on
	Quinte Conservation Day Camp	613-968-3434 quinteca@quinteconservation.ca	2061 Highway 2, R. R. #2, Belleville www.quinteconservation.ca
	Quinte Rowing Club	Arnold Vandermeer 613-962-6818 info@rowquinte.on.ca	35 Keegan Parkway, Belleville www.rowquinte.on.ca
	YMCA Summer Day Camps	613-966-9622 info@bellevilleymca.ca	433 Victoria Ave., Belleville www.bellevilleymca.ca
Canoeing	Bayshore Trail	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Land o' Lakes Canoeing and Kayaking	Sheila Ritter 613-968-6656 sheila@landolakescanoekayak.ca	74 Simcoe Drive, Belleville www.landolakescanoekayak.ca
	Quinte Conservation Area	613-968-3434 quinteca@quinteconservation.ca	2061 Highway 2, R. R. #2, Belleville www.quinteconservation.ca
Children's Programs	City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Belleville YMCA	613-966-9622 info@bellevilleymca.ca	433 Victoria Ave., Belleville www.bellevilleymca.ca

	Harbour Fitness Club	613-779-6423 Info@FamFitCentre.com	25 Dundas St. West, Belleville www.FamFitCentre.com
Cross Country Skiing	Frink Centre	Maya Navrot 613-477-2828 infofrink@fofc.ca	381 Thrasher Road, Plainfield www.fofc.ca
	Massassauga Point Conservation Area	613-968-3434 quinteca@quinteconservation.ca	Off Hwy 62 & County Road 28 south of Belleville www.quinteconservation.ca
	Quinte Conservation Area	613-968-3434 quinteca@quinteconservation.ca	2061 Highway 2, Belleville www.quinteconservation.ca
Curling	Quinte Curling Club	613-962-5570 quintecurlingclub@bellnet.ca	246 Bridge St. W, Belleville www.quintecurlingclub.reach.net
Cycling	Belleville Chain Gang	613-969-1206 chaingang@lanroc.com	Meyers Pier
	The Cyclopaths	Bev Hanna-Jones 613-968-3359 bevhj@sympatico.ca	
Dancing	Adults and Seniors Programs	Belleville Recreation, Culture & Community Services 613-966-4632 tgrierson@city.belleville.on.ca	265 Cannifton Road, Belleville www.city.belleville.on
	Angela Maracle Studios	613-968-9902 angelamaracleschoolofdance@cogeco.ca	377 Front St., Suites 201-202, Belleville www.angelamaracleschoolofdance.com
	Belleville Scottish Country Dancers	William Cunningham 613-965-4212 cunnwill@reach.net	296 Old Orchard Rd., Carrying Place
	Inside Out Dance Academy	613-962-2623 insideoutdanceacademy@hotmail.com	6855 HWY 62, Belleville www.insideoutdanceacademy.com
	Liane Ireland School of Dance	Liane Ireland 613-969-1179 irelandacademy@bellnet.ca	444 Dundas St. West, Belleville www.lianeirelandsdance.com
	Quinte Ballet School	613-962-9274 info@qbsc.ca	196 Palmer Rd. Belleville www.quinteballetschool.com
	Quinte Twirlers Square Dancing	613-961-7884 quintetwirlers@cogeco.ca	Thurlow Community Centre, 516 Harmony Road, Belleville, Ontario
	Tawny's School of Dance	Tawny Ruston 613-966-2956	Highway 62 South Prince Edward County Square
	Various Adult, Child & Youth Programs	Belleville YMCA 613-966-9622 info@bellevilleymca.ca	433 Victoria Ave, Belleville www.ymcabellevillequinte.ca

Dragon Boat	Belleville Dragon Boat Club	Cheryll Drumm 613-962-4362 Info@BellevilleDragonBoatClub.com	41 Craig Street, Belleville www.bellevilledragonboatclub.com
Figure Skating	Quinte Figure Skating Club	Lisa Fralick 613-922-6001 or 613-967-3300 quintefigureskating@hotmail.com	www.quintefsc.com
Fitness Centers/ Programs	Belleville YMCA	613-966-9622 info@bellevillemca.ca	433 Victoria Ave, Belleville www.ymcabellevillequinte.ca
	Curves for Women	613-962-3399	51 Adam St. #2, Belleville
	Belleville Rec., Culture & Comm. Services	613-966-4632 tgrierson@city.belleville.on.ca	265 Cannifton Road, Belleville www.city.belleville.on
	Goodlife Fitness Club	613-968-5628 bellevillequinte@goodlifefitness.com	Quinte Mall, 390 North Front Street, Belleville www.goodlifefitness.com
	Harbour Fitness Club	613-779-6423 Info@FamFitCentre.com	25 Dundas St. West, Belleville www.FamFitCentre.com
	Misuraca's Karate Academy & Family Fitness	George Misuraca 613-969-8936	6833 Hwy 62 Belleville
	One to One Health and Fitness Centre	613-962-2032 info@onetoonefitness.ca	269 Palmer Rd., Belleville www.onetoonefitness.ca
Football	Belleville Minor Football League	James Hurst 613-399-2278 jhurst1@xplornet.com	13 Hurst Lane, Wellington, ON www.bellevilleminorfootball.com
Golf	Bay of Quinte Golf & Country Club	613-968-7404 bofggolf@sympatico.ca	1830 Old Highway 2, Quinte West www.bayofquintegolf.com
	Bayview Golfing Center	613-962-1254 bayviewgolfingcentre@hotmail.com	1915 Hwy 2, Belleville www.bayviewgolfingcentre.com
	Golf Lessons City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632 tgrierson@city.belleville.on.ca	265 Cannifton Road, Belleville www.city.belleville.on
	Black Bear Ridge Golf Course	613-968-2327 or 1-866-811-2327 info@blackbearridge.ca	501 Harmony Road, Belleville www.blackbearridge.ca
	Trillium Wood Golf Club	613-477-1831	1281 Hwy 37, Corbyville www.trilliumwood.com
Gymnastics	Quinte Bay Gymnastics Club	Juanita Rowland 613-967-9517	18 Yeomans St Belleville www.quintebaygymnastics.com
Hiking		See under Walking trails	

Hockey	Bay Bridge Jeans Hockey Club	T.E Laidley 613-962-6334	
	Belleville Bulls Hockey Club	613-966-8338	265 Cannifton Rd, Belleville www.bellevillebulls.com
	Belleville & District Girls Minor Hockey	613-920-0682 info@bellevillebearcats.ca	Guthrie Engineering Building 12 North Front St, Room 203 www.bellevillebearcats.ca
	Belleville Lafarge Old Timers Hockey	David Quinsey 613-966-0203	
	Belleville Minor Hockey Assoc	613-962-6103 bmhajrbulls@cogeco.net	265 Cannifton Rd, Belleville www.bellevilleminorhockey.com
	Old Timer's Hockey Club	Mike McDermott 613-771-9677	
	Gas House Hockey League	Dan Fencott 613-962-7891	
	Moira Teachers Hockey	Bob Fallat 613-967-4978	
	Quinte Regional Minor Hockey	Kelly Butt 613-922-1516 info@quintedevelopers.com	101 Parkview Heights, Trenton www.quintedevelopers.com
	Quinte Saturday Afternoon League	Roger Babbes 613-968-4690	
	Shamrock Hockey League	Brian Woodley 613-962-1491	
	Shinny Hockey	Belleville Recreation, Culture & Community Services 613-966-4632 tgrierson@city.belleville.on.ca	265 Cannifton Road, Belleville www.city.belleville.on
Horseback-riding	JMT Performance Horses	613-921-4553 jmtperformancehorses@gmail.com	1559 Hwy 37, Belleville www.jmtperformancehorses.com
	Quinte Therapeutic Riding Assoc	613-395-4472 Barbara.davis@sympatico.ca	173 McGee Road, Stirling www.quintra.org
Kayaking	Land o' Lakes Canoeing and Kayaking	Sheila Ritter 613-968-6656 sheila@landolakescanoekayak.ca	74 Simcoe Drive, Belleville www.landolakescanoekayak.ca
	Quinte Assoc. of Kayakers and Canoeists	Andy Hanson 613-966-0485	
Lawn Bowling	Belleville Lawn Bowling Club	Elizabeth Horton 613-962-5460	40 Yeomans St. Belleville

Martial Arts	Belleville Karate and JiuJitsu	613-967-2323 info@bkjj.org	246A North Front St. Belleville www.bkjj.org
	Belleville Karate School	613-962-8551	497B Dundas St W, Belleville www.skifcanada.ca
	Fang Shen Do	Dan Levac 613-969-1666 Belleville@fangshendo.com	344 Front St, Belleville www.fangshendo.com
	Misuraca Karate Academy and Family Fitness	George Misuraca 613-969-8936	6833 Hwy 62 Belleville
	Tai Chi- Adult Programs	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	YMCA	Belleville YMCA 613-966-9622 info@bellevilleyymca.ca	433 Victoria Ave, Belleville www.ymcabellevillequinte.ca
Play-grounds	Kinsmen Park	Belleville Recreation, Culture & Community Services 613-966-4632	Dundas St, Belleville www.city.belleville.on
	Kiwanis East Bayshore Park	Belleville Recreation, Culture & Community Services 613-966-4632	End of South George St, Belleville www.city.belleville.on
	Morris Drive	Belleville Recreation, Culture & Community Services 613-966-4632	Morris Drive www.city.belleville.on
	Riverside Park West	Belleville Recreation, Culture & Community Services 613-966-4632	259 N Park St, Belleville www.city.belleville.on
	Stanley Park	Belleville Recreation, Culture & Community Services 613-966-4632	Off Edgehill Rd, Belleville www.city.belleville.on
	Stanley Parkette	Belleville Recreation, Culture & Community Services 613-966-4632	Stanley Park Dr, Belleville www.city.belleville.on
	Tom Gavey Alemite Park	Belleville Recreation, Culture & Community Services 613-966-4632	Pine St, Belleville www.city.belleville.on
	Zwick's Centennial Park	Belleville Recreation, Culture & Community Services 613-966-4632	10 Bay Bridge Rd W , Belleville www.city.belleville.on
Pools	Belleville YMCA	613-966-9622	433 Victoria Ave., Belleville www.bellevilleyymca.ca

	Harbour Fitness Club	613-779-6423 Info@FamFitCentre.com	25 Dundas St. West, Belleville www.FamFitCentre.com
	Kinsmen Outdoor Pool & Wading Pool	Belleville Recreation, Culture & Community Services 613-966-4632	151 Dundas St E www.city.belleville.on
	Parkdale Park - Wading Pool	Belleville Recreation, Culture & Community Services 613-966-4632	Sidney St to Maple St to Birch St, Belleville www.city.belleville.on
	Zwick's Centennial Park - Wading Pool	Belleville Recreation, Culture & Community Services 613-966-4632	10 Bay Bridge Rd W , Belleville www.city.belleville.on
Roller-blading	Bayshore Trail	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Riverfront Trail	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
Rowing	Quinte Rowing Club	Arnold Vandermeer 613-962-6818 info@rowquinte.on.ca	35 Keegan Parkway, Belleville www.rowquinte.on.ca
	Quinte Scullers Club	613-395-4688 k.donald@sympatico.ca	
Rugby	Belleville Bulldogs Rugby Football Club	Dean Newman 613-243-8829-or 613-393-3209 Joshchambers14716@hotmail.com	Sir Mackenzie Bowell Public School 138 Leland Dr, Belleville www.bellevillebulldogs.ca
Sailing	Bay of Quinte Yacht Club	613-827-SAIL or 613-966-5931 school@bqyc.org	Victoria Park - off Front St., Belleville www.bqyc.org
Scuba Diving	Canadian Sport Divers Scuba Club	kim_harvey_33@hotmail.com andbil@hotmail.com	Canadian Sport Subs 48 Dundas St West, Belleville http://home.cogeco.ca/~csdivers/
Senior's Clubs	Ontario Seniors Games Assoc	1 800 320-6423 info@ontarioseniorgames.ca	www.ontarioseniorgames.ca
	City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
Senior's Fitness Programs	City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
Skating	City of Belleville Skating Lessons - all ages	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on

	Power Skating Training	John Boulton's Inside Edge Power Skating 613-962-7482	
	Power Skating - City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Public Skating - City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Quinte Blades Speed Skating Club	Laura Woodall 613-966-0385 pwoodall@cogeco.ca	www.quinteblades.reach.net
Snow-shoeing	Frink Centre	Maya Navrot 613-477-2828 infofrink@fofc.ca	381 Thrasher Road R.R.#1 Plainfield www.fofc.ca
	Massassauga Point Conservation Area	613-968-3434 quinteca@quinteconservation.ca	Off Hwy 62 & County Road 28 south of Belleville www.quinteconservation.ca
	Quinte Conservation Area	613-968-3434 quinteca@quinteconservation.ca	2061 Highway 2, R. R. #2, Belleville www.quinteconservation.ca
Softball		See Baseball	
Soccer Clubs	Bay of Quinte Men's Soccer League	Ike Christopher 613-968-4823 ike@fourseasonssports.com	www.bqmsl.ca
	Bay of Quinte Women's Soccer League	jbqwsl@hotmail.com	25 Boswell Street, Belleville www.bqwsl.com
	Belleville Youth Soccer Club	House league - 613-966-9821 Rep league - 613-966-7233 bysoccer@reach.net	www.bysc.ca
Soccer Fields	Centennial Park	Belleville Recreation, Culture & Community Services 613-966-4632	Off Bridge St W, Belleville www.city.belleville.on
	George Ellis Athletic Field	Belleville Recreation, Culture & Community Services 613-966-4632	Behind YMCA on Rollins Dr, Belleville www.city.belleville.on
	M.A. Sills Park	Belleville Recreation, Culture & Community Services 613-966-4632	140 Palmer Rd, Belleville www.city.belleville.on
	Riverside Park West	Belleville Recreation, Culture & Community Services 613-966-4632	259 N Park St, Belleville www.city.belleville.on

	Thurlow Park	Belleville Recreation, Culture & Community Services 613-966-4632	Harmony Rd, Belleville www.city.belleville.on
	Zwick's Centennial Park	Belleville Recreation, Culture & Community Services 613-966-4632	10 Bay Bridge Rd , Belleville www.city.belleville.on
Special Olympics & Programs	Belleville & District Special Olympics	Mary Wilson 613-968-5050	22 Johnson St. Belleville
	Belleville Association for Special Athletes	613-967-1900 Msills2@sympatico.ca	15 Boswell St, Belleville
Sports Programs	Various Sports Programs	Belleville YMCA 613-966-9622 info@bellevilleymca.ca	433 Victoria Ave, Belleville www.ymcabellevillequinte.ca
Swimming (see also: Pools)	Belleville Youth Swim Team	Tracy Courneyea 613-397-1550 mactac@explornet.com	
Swimming Lessons	City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Harbour Fitness Club	613-779-6423 Info@FamFitCentre.com	25 Dundas St. West, Belleville www.FamFitCentre.com
	YMCA Belleville	613-966-9622	433 Victoria Ave
Tennis	Quinte Tennis Club	Hugh Minielly Seasonal: 613-968-4113 Off-Season: 613-966-0780	219 Dufferin Ave., Belleville
Track and Field	Quinte Legion Track & Field	quintelegion@cogeco.ca	www.eteamz.com/quintelegion/
Walking-Indoor	Bay View Mall	613-966-5333	470 Dundas St E, Belleville
	Belleville YMCA	613-966-9622	433 Victoria Ave, Belleville
	Quinte Mall	613-968-3571	390 N Front St, Belleville
	Yardman Arena	Belleville Recreation, Culture & Community Services 613-966-4632 Site: 613-966-7305	265 Cannifton Road, Belleville www.city.belleville.on
Walking dogs	Quinte Humane Society	613-968-4673	547 Avonlough Rd, Belleville
Walking club	Belleville Walks	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on

Walking trails	Canniff Mill	Belleville Recreation, Culture & Community Services 613-966-4632	Cannifton off Farmham Rd, Belleville www.city.belleville.on
	Frink Centre	Maya Navrot 613-477-2828 infofrink@fofc.ca	381 Thrasher Road R.R.#1 Plainfield www.fofc.ca
	Jackson Woods	Belleville Recreation, Culture & Community Services 613-966-4632	College St - across from Quinte Secondary School, Belleville www.city.belleville.on
	Kiwanis East Bayshore Park	Belleville Recreation, Culture & Community Services 613-966-4632	End of South George St, Belleville www.city.belleville.on
	Lions Park	Belleville Recreation, Culture & Community Services 613-966-4632	Station St, Belleville www.city.belleville.on
	Massassauga Point Conservation Area	Qunte Conservation 613-968-3434 quinteca@quinteconservation.ca	2061 Highway 2, R. R. #2, Belleville www.quinteconservation.ca
	Parkdale Park	Belleville Recreation, Culture & Community Services 613-966-4632	Sidney St to Maple St to Birch St., www.city.belleville.on
	Parrott Riverfront Trail	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Quinte Conservation Area	613-968-3434 quinteca@quinteconservation.ca	2061 Highway 2, R. R. #2, Belleville www.quinteconservation.ca
	Riverside Park West	Belleville Recreation, Culture & Community Services 613-966-4632	259 N Park St, Belleville www.city.belleville.on
	Sir MacKenzie Bowell Park	Belleville Recreation, Culture & Community Services 613-966-4632	Leland Dr, Belleville www.city.belleville.on
	Thurlow Park	Belleville Recreation, Culture & Community Services 613-966-4632	Harmony Rd, Belleville www.city.belleville.on
	Werner Dietz Park & Trail	Belleville Recreation, Culture & Community Services 613-966-4632	South of Dundas St W at Sidney, Belleville www.city.belleville.on
	Zwick's Centennial Park	Belleville Recreation, Culture & Community Services 613-966-4632	10 Bay Bridge Rd, Belleville www.city.belleville.on

Weight-lifting	Apollo Barbell Club	Bob Walt 613-395-3213 apollolifting1@hotmail.com	R. R. #2, Stirling KOK 3EO
Yoga	City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	Harbour Fitness Club	613-779-6423 Info@FamFitCentre.com	25 Dundas St. West, Belleville www.FamFitCentre.com
	YMCA	613-966-9622 info@bellevilleymca.ca	433 Victoria Ave, Belleville www.ymcabellevillequinte.ca
Youth Programs/ Activities	City of Belleville	Belleville Recreation, Culture & Community Services 613-966-4632	265 Cannifton Road, Belleville www.city.belleville.on
	YMCA	613-966-9622 info@bellevilleymca.ca	433 Victoria Ave, Belleville www.ymcabellevillequinte.ca
	Frink Centre	Maya Navrot 613-477-2828 infofrink@fofc.ca	381 Thrasher Road R.R.#1 Plainfield www.fofc.ca

Financial Assistance:

Playing For Keeps/Quinte Children's Foundation: Offers financial assistance, up to \$150 a year, to qualifying children and youth, ages 4 to 18, who reside in Hastings County. Call 613-962-9311.

Canadian Tire Jump Start: Offers financial assistance, up to \$300 per session, to qualifying children and youth, ages 4 to 18, for registration, equipment or transportation costs for most recreation activities. Contact 1-877-616-6600

Belleville YMCA: Offers financial assistance to qualifying residents. Inquire at the Welcome Desk

City of Belleville - Recreation, Culture & Community Services Department: Offers financial assistance to qualifying residents. Contact: Tanya Grierson at 613-966-4632 or tgrierson@city.belleville.on.ca

Ontario Works Recreation Fund: Offers up to \$150 per child to children and youth (2-18 years of age) whose family is on Ontario Works, to participate in recreation, arts and cultural activities and sports which require at least bi-weekly participation. Families should contact their Ontario Works caseworker for information.

Content is provided as an information-sharing service and inclusion is not an endorsement by the Health Unit, the Physical Activity Network or its members.

Updating will occur regularly and we will attempt to be current. If you are aware of any errors or omissions, please contact Marie Clarke at the Health Unit at 613-966-5513, ext. 309.

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