

PHYSICAL ACTIVITY DIRECTORY

PRINCE EDWARD COUNTY

The Physical Activity Network of Hastings and Prince Edward counties compiled this directory of physical activity opportunities. It is intended to make people aware of ways to be physically active and is for personal use only.

Category	Organization Or Activity	Contact Information	Address & Website
Activity Pad	Outdoor Rink for skating, hockey, ball hockey and roller blading	Prince Edward Recreation, Parks & Culture: 613-476-2148 x 421 Site: 613-476-3605 bookings@pecounty.on.ca	Friendship Lane, Demorestville www.pecounty.on.ca
Arenas (Public Skate Hockey, Ice Rentals)	Prince Edward Community Centre	Prince Edward Recreation, Parks & Culture: 613-476-2148 x 421 Site: 613-476-3605 bookings@pecounty.on.ca	375 Main St., Picton, K0K 2T0 www.pecounty.on.ca
(Public Skate Hockey, Ice Rentals)	Wellington District Community Centre	Prince Edward Recreation, Parks & Culture: 613-476-2148 x 421 Site: 613-399-2135 bookings@pecounty.on.ca	111 Belleville St., Wellington www.pecounty.on.ca
Aquatics	Aquafitness, Swimming Lessons & Lap Swimming	Prince Edward Fitness and Aquatic Centre: Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton K0K 2T0 www.pefac.ca
ATV Rider Training		Dave Haney 613-476-3090 or 613-798-4250 info@atvtrainingontario.com	www.atvtrainingontario.com/
Badminton	Picton Recreation Committee	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421 wardrecreation@pecounty.on.ca	www.pecounty.on.ca/government/rec_parks_culture/rec_culture/committees.php
Ball Hockey	Picton Minor Ball Hockey	Kevin McKinley 613-476-6104 mckinleya@explornet.com	
Baseball	P.E.C. Minor Baseball Assoc	613-779-8644	www.countybaseball.org
	PEC Minor Softball	Lynn Sponagle 613-476-5496	
Ball Diamonds	Picton Fairgrounds	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	375 Main St., Picton www.pecounty.on.ca
	Roblin Lake Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421 bookings@pecounty.on.ca	Coleman St., Ameliasburgh www.pecounty.on.ca

	Wellington Ball Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421 bookings@pecounty.on.ca	Niles and Belleville St, Wellington www.pecounty.on.ca
	Westfall Ball Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421 bookings@pecounty.on.ca	Hwy 33, Carrying Place www.pecounty.on.ca
	Wilkinson Memorial Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421 bookings@pecounty.on.ca	2699 County Road 8, Waupoos www.pecounty.on.ca
Basketball	Prince Edward County Minor Basketball Assoc	County Clippers Rob Garden 613-399-2482 rgarden@hpedsb.on.ca	www.countyclippers.ca/
	Panther Hoops Spring Youth Basketball League	Rob Garden 613-399-2482 rgarden@hpedsb.on.ca	
Beaches/Pools	Ameliasburgh Beach - Roblin Lake	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Coleman St., Ameliasburgh www.pecounty.on.ca
	North Beach Provincial Park	613-399-2030	R.R.#3, Consecon www.ontarioparks.com/english/nort.html
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Sandbanks Provincial Park	613-393-3319 www.friendsofsandbanks.org	www.ontarioparks.com/english/sand.html
	Wellington Beach	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Beach St., Wellington www.pecounty.on.ca
Biking	Bloomfield Bicycle Co.	613-393-1060 bbc@reach.net	225 Main St. Bloomfield www.bloomfieldbicycles.ca
	County Kids of Steel Triathlon	Stephanie Roth & Michell Pothier 613-476-7776 pefac@bellnet.ca	13263 Loyalist Parkway, Picton KOK 2T0 www.pefac.ca
	Macaulay Mountain	Quinte Conservation 613-968-3434	224 County Road 8, Picton www.quinteconservation.ca
	Sandbanks Provincial Park	613-393-3319	R.R.#1 Picton www.friendsofsandbanks.org
Bowling (WII Bowling)	PEC Community Care for Seniors Association	613-476-7493, registration required communitycare@on.aibn.com	206 Main St., Picton www.communitycareforseniors.org
	South Marysburgh Recreation Committee	c/o Wendy Lane County of Prince Edward 613-476-2148 x 423	Milford Town Hall www.pecounty.on.ca

(Road Bowling)	South Marysburgh Recreation Committee	Mendy Berkson 613-476-6696 aquarium@kos.net	Back roads through South Marysburgh; signs are posted as road bowling in progress
Camps (Summer Day Camps)	Camp Star	Kathleen Foster-Morgan 613-476-1128 kathleenfm@willowshore.ca	Edith Fox Centre for Life and Loss, Sophiasburgh www.edithfoxcentre.org
	Guitar Camp	Don Hinde 613-476-7125 millpond@kos.net	Mt Tabor Playhouse
	Horseback Ricking Camp	Hadherway Farms, Sandra Karaz 613-399-1467 S_karaz@hotmail.com	251 Swamp College Road, Hillier www.hadherwayfarms.com
	Pleasant Bay Camp	Bernice Kerr 613-962-7686 or 613-399-5877 thekerrs@cogeco.ca	www.pleasantbaycamp.org
	Picton Martial Arts & Fitness	Jason G. Bilodeau, Sensei 613-847-0316 info@pictonmartialarts.ca	www.PictonMartialArts.ca
	Prince Edward Day Care Centre	Margie McConnell 613-476-5566 mmpeccs@kos.net	
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton K0K 2T0 www.pefac.ca
	Prince Edward Yacht Club	Junior Sailing School 613-476-5585	www.peyc.reach.net
	Quinte Conservation Day Camp	Nicole Campbell 613-968-3434 x 126 NCampbell@quinteconservation.ca	Maceaulay Mountain, 224 County Rd 8 www.quinteconservation.ca
	ROC-Recreation Outreach Centre (Sports Camp & Skateboard Day Camps)	Darlene Thompson 613-476-7901 x 219 613 476-2001 darlene.roc@live.com	33 Nery Avenue - Macaulay Village, Picton, ON, K0K 2T0
	Soccer Camp British Soccer	Pam Mcrae Prince Edward County Soccer Assoc mspammcrae@yahoo.ca	www.challengersports.com
	Spark Box Studio	613-476-0337	www.sparkboxstudio.com/workshops
	Summer Art Camp	Lesley Snyder 613-476-9696 lesleysnyder@gallopinggoat.com	St. Andrew's Church in Picton, 31 King Street www.gallopinggoat.com

	Wesley Acres Kid's Camp	Director of Programs 613-393-3159 programs@wesleyacres.com	Wesley Acres Rd., Bloomfield www.wesleyacres.com
	West Lake Catamaran Sailing School	Saskia Koning 613-399-5606 info@catschool.ca	www.catschool.ca
Canoeing	Nature Stuff Tours & Things	Terry Sprague 613-476-5072 tsprague@kos.net	23 Sprague Road, Demorestville www.naturestuff.net/site/
	Sandbanks Provincial Park	613-393-3319	R.R.#1 Picton www.friendsofsandbanks.org
	Sunrise Cottage Resort & Canoe Rentals	613-393-3914 sunrisecottageresort@bellnet.ca	15841 Loyalist Parkway, Bloomfield www.sunrisecottageresort.com
Children's Programs	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	County Kids of Steel Triathlon	Stephanie Roth & Michell Pothier 613-476-7776 pefac@bellnet.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Recreation Outreach Centre	Darlene Thompson 613-476-2001 or 613-476-7675 darlene.roc@live.com	33 Nery Avenue, Picton
Cross Country Ski Trails	Millennium Trail	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Carrying Place to just past Picton www.pecounty.on.ca
	Nature Stuff Tours & Things	Terry Sprague 613-476-5072 tsprague@kos.net	23 Sprague Road, Demorestville www.naturestuff.net/site/
	Sandbanks Provincial Park	613-393-3319	R.R. #1, Picton www.friendsofsandbanks.org
Curling	Prince Edward Curling Club	613-476-3040 info@pecurling.com	375 Main St., Picton www.pecurling.com
Dancing	P.E.C. Scottish Country Dancers	Sheila Keller 613-393-2955 ckeller@sympatico.ca	16 Mallory Rd., Bloomfield
	County School of Dance	Brenda Moran-Cunningham 613-476-3256	311 Main Street, Picton (rear entrance)
	Tawny's School of Dance	613-966-2956	Rossmore Square, Highway 62
	Wellington Recreation Committee	Instructor Kerry Bruce 613-399-5779 kerryannebruce@hotmail.com	Wellington Town Hall www.pecounty.on.ca/government/rec_parks_culture/rec_culture/committees.php

Figure Skating	Prince Edward County Figure Skating Club	Saskia Koning 613-399-5606 saskia@koning.ca	P.O. Box 625 Wellington, ON www.pecfsa.com
Fitness Centres & Classes	Curves for Women	Wendy Palmer 613-476-0006 curvespicton@kos.net	231 Main St., Picton
	The County Club Fitness & Spa	613-393-3481 Jennifer@thecountyclub.ca	6 Stanley Street, Bloomfield www.thecountyclub.ca
	Fitness By Powers	Tracy Powers 613-391-7129	129 Main Street Picton Programs also in Wellington
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Fitness & Yoga	Kathy Mcalpine-Terpstra 613-476-5289	www.kathymcalpine-wellness-physicalfitness.com/
Golf	Barcovan Golf Club	613-475-2155	1412 County Road 64, Carrying Place www.barcovangolf.com
	Briar Fox Golf & Country Club	613-396-2433	RR#1, Marysville www.briarfoxgolf.com
	Caddyshack Miniature Golf	613-393-2233	2047 County Road 18 (just outside Sandbanks Provincial Park)
	Picton Golf & Country Club	613-476-1485	734 Highway 49, Picton www.pictongolf.ca
	Quinte's Isle Campark	Ward Family 613-476-6310 info@qicampark.com	RR#1, Cherry Valley Ontario www.qicampark.com
	Wellington on the Lake Golf	1-866-549-2357	157 Prince Edward Drive, Wellington www.golfwellington.ca
Hiking	Beaver Meadow Wildlife Area	Quinte Conservation 613-476-7408	County Road 11, Cherry Valley www.quinteconservation.ca
	Demorestville Dam Conservation area	Quinte Conservation 613-968-3434	Demorestville www.quinteconservation.ca
	Harry Smith Area	Quinte Conservation 613-968-3434	Ameliasburgh www.quinteconservation.ca
	Little Bluff	Quinte Conservation 613-968-3434	County Road 13 from South Bay, PEC www.quinteconservation.ca
	Macaulay Mountain	Quinte Conservation 613-968-3434	224 County Road 8, Picton www.quinteconservation.ca

	Massassauga Point Conservation Area	Quinte Conservation 613-968-3434	Off Hwy 62 and County Rd 28 south of Belleville www.quinteconservation.ca
	Nature Stuff Tours & Things	Terry Sprague 613-476-5072 tsprague@kos.net	23 Sprague Road, Demorestville www.naturestuff.net/site/
	Sandbanks Provincial Park	613-393-3319	R.R. #1, Picton www.friendsofsandbanks.org
Hockey	Gentlemen's Hockey League	Todd Clark 613-471-1791	
	4 on 4 Hockey for Novice to Midget	Jim Lindsay 613-399-5822 registrar@pecmha.com	PEC Minor Hockey Assoc www.pecmha.com
	Hockey Camps	Wellington Dukes Marty Abrams 613-399-2924 mabrams10@sympatico.ca	Wellington and District Community Centre, 111 Belleville Street www.wellingtondukes.com
	Legionettes Girls Hockey	George Cassells	www.pictonlegionettes.com
	Old Timers Hockey League	John Ralfe 613-399-5783	
	P.E.C. Minor Hockey	Jim Lindsay 613-399-5822 registrar@pecmha.com	www.pecmha.com
	Picton Pirates	Nancy Woods 613-476-4775	www.ohapirates.pointstreaksites.com/view/ohapirates
	Wellington Dukes Junior A Hockey	Marty Abrams 613-399-2924 mabrams10@sympatico.ca	Wellington Arena www.wellingtondukes.com
	Women's Hockey League Picton	Julie Miller 613-476-7162 jamiller@bell.blackberry.net	
	Women's Hockey Wellington	Jane Allison 613-399-3351	
Hockey Skills and Power Skating	County of Prince Edward	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Wellington and District Community Centre, 111 Belleville Street www.pecounty.on.ca
Horseback Riding	Carousel Canada Equine Riding Centre	613-392-3050 maria@artplus.net	3038 Rednersville Rd, Carrying Place www.carouselcanada.ca
	Diamond J Ranch	613-476-6474 diamondjranch@on.aibn.com	RR#4, Picton www.pec.on.ca/trails

Jui-Jitsu	Picton Jui-Jitsu Club	John and Penny Kitchen/Ralph Day 613-476-2506	P.O. Box 2252, Picton
Kayaking	Sunrise Cottage Resort	613-393-3914 sunrisecottageresort@bellnet.ca	15841 Loyalist Parkway, Bloomfield www.sunrisecottageresort.com
	Nature Stuff Tours & Things	Terry Sprague 613-476-5072 tsprague@kos.net	23 Sprague Road, Demorestville www.naturestuff.net/site/
	Sandbanks Provincial Park	613-393-3319	R.R.#1, Picton www.friendsofsandbanks.org
	Sunrise Cottage Resort & Kayak Rentals	613-393-3914 sunrisecottageresort@bellnet.ca	15841 Loyalist Parkway, Bloomfield www.sunrisecottageresort.com
Pickleball	Wellington Recreation Committee	Betsy Mackinnon 613-399-3463 mackinnon.betsy@gmail.com	CML Snider School Wellington www.pecounty.on.ca/government/rec_parks_culture/rec_culture/committees.php
Paintball	Rapidfire Paintball	613.399.2280 info@rapidfirepaintball.ca	522 Gilead Road, Bloomfield www.rapidfirepaintball.ca
Pilates	Wellington Recreation Committee	Instructor, Jennifer Cobb 613-399-5222 jennifer.cobb@live.com	Wellington Town Hall 246 Main Street www.pecounty.on.ca/government/rec_parks_culture/rec_culture/committees.php
Playgrounds	Benson Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	56 King St., Picton www.pecounty.on.ca
	Centennial Northport Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Demorestville www.pecounty.on.ca
	Delhi Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Lalor St., Picton www.pecounty.on.ca
	Jack Taylor Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Highway 33, Hillier www.pecounty.on.ca
	Mill Pond Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Mill St., Bloomfield www.pecounty.on.ca
	Rotary Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Ontario St., Picton www.pecounty.on.ca
	Wellington Main St. Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Main St., Wellington www.pecounty.on.ca
	Westfall Memorial Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Highway 33, Carrying Place www.pecounty.on.ca
	Wilkinson Memorial Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	County Road 8, Waupoos www.pecounty.on.ca

Power Skating	Prince Edward Recreation, Parks & Culture	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Wellington and District Community Centre 111 Belleville Street www.pecounty.on.ca
	Prince Edward Figure Skating Association	Saskia Koning 613-399-5606 saskia@koning.ca	P.O. Box 625, Wellington, ON www.pecfsa.com
Recreation	Prince Edward Fitness & Aquatic Centre	Stephanie Roth 613-476-7776 pefac@bellnet.ca	13263 Loyalist Parkway, Picton, www.pefac.ca
	Prince Edward Recreation, Parks & Culture	Wendy Lane 613-476-2148 x423 wlane@pecounty.on.ca	72 King Street, Picton www.pecounty.on.ca
	Recreation Outreach Centre	Darlene Thompson 613-476-2001 or 613-476-7675 darlene.roc@live.com	33 Nery Avenue, Picton
Running	County Kids of Steel Triathlon	Stephanie Roth & Michell Pothier 613-476-7776 pefac@bellnet.ca	13263 Loyalist Parkway, Picton www.pefac.ca
Sailing	Prince Edward Sailing Charters	Peter Jamieson 613-476-8931 pjamieson@kos.ne	3156 County Rd. 8, Waupoos www.pec.on.ca/sail
	Prince Edward Yacht Club - Jr. Sailing School	613 476-5585 peyc@persona.ca	30 Fairfield St., Picton www.peyc.reach.net/school.htm
Scuba Diving	The Ducks Dive Charters & Cottages	Susan Yankoo 613-476-3764 susan@ducksdive.com	5535 Long Point Rd., Point Traverse, Picton www.ducksdive.com
Skateboarding	Skateboard Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	375 Main St., Picton www.pecounty.on.ca
Skating	Public skating	See Arenas	
Power Skating	Prince Edward Recreation, Parks & Culture	Prince Edward Recreation, Parks & Culture 613-476-2148 x421	Wellington and District Community Centre 111 Belleville Street www.pecounty.on.ca
	Prince Edward Figure Skating Association	Saskia Koning 613-399-5606 saskia@koning.ca	P.O. Box 625, Wellington, ON www.pecfsa.com
Snowshoeing	Millennium Trail	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Carrying Place to just past Picton www.pecounty.on.ca
	Sandbanks Provincial Park	613-393-3319	R.R. #1, Picton www.friendsofsandbanks.org
Soccer	Prince Edward County Soccer Association	Pam McRae 613-471-1617 mppammcrae@yahoo.ca	15 Downes Ave., Picton www.pecsa.ca

Soccer Skills (Indoor)	Wellington Recreation Committee	Andrew Houston 613-922-2501 ajhouston@live.com	CML Snider School Wellington www.pecounty.on.ca/government/rec_parks_culture/rec_culture/committees.php
Soccer Fields	Johnson Street	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Johnson Street, Picton www.pecounty.on.ca
	Westfall Memorial Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Ameliasburgh at Carrying Place www.pecounty.on.ca
Squash	Prince Edward Fitness & Aquatic Centre	Julie Miller 613-476-7776 juliem@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
Swimming Club	Quinte Dolphins Swim Team	quintedolphins@gmail.com	PEFAC www.quintedolphins.ca
Swimming Pools & Aquatics	County Kids of Steel Triathlon	Stephanie Roth & Michell Pothier 613-476-7776 pefac@bellnet.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
T-Ball	Minor Softball Association	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	
Tai-Chi	The PEC Community Care for Seniors Association	613-476-7493, registration required communitycare@on.aibn.com	206 Main St., Picton www.communitycareforseniors.org
	Tai-Chi Association	Gerry and Bawn Putman 613-476-6557 bgputman@sympatico.ca	www.taichibelleville.reach.net/classes.html
	Mountainview Women's Institute	c/o Sandy Latchford 613-961-7920	Ameliasburgh Town Hall 19 Coleman Street Ameliasburgh
Tennis Courts	Ameliasburgh	Prince Edward Recreation, Parks & Culture 613-476-2148	www.pecounty.on.ca
	Bloomfield Mill Street Park	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Brick Street www.pecounty.on.ca
	P.E.C.I.	Hastings and Prince Edward District School Board	
	Wellington	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Niles Street www.pecounty.on.ca
	Wilkinson Memorial Park, Waupoos	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	www.pecounty.on.ca

Volleyball	Picton Recreation Committee	Prince Edward Recreation Parks & Culture 613-476-2148 x 421 wardrecreation@pecounty.on.ca	www.pecounty.on.ca/government/rec_parks_culture/rec_culture/committees.php
Walking Clubs Indoor walking	Community Care for Seniors Association	613-476-7493, registration required communitycare@on.aibn.com	206 Main St., Picton Walk in Wellington and Picton; www.communitycareforseniors.org
	Indoor Walking Track	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421	Wellington and District Community Centre, 111 Belleville St. Wellington www.pecounty.on.ca
Walking Trails		See under Hiking	
Waterpark	West Lake Willy's Waterpark	613-393-1095 westlakewilly@gmail.com	191 Winns Drive, Picton www.westlakewillywaterpark.com
Yoga	Yoga	Jamie Pennock - 613-476-2974 Dr. Ruth Floros - 613-476-6223	16 Centre St. Picton
	Athol Recreation Committee	Prince Edward Recreation, Parks & Culture 613-476-2148 x 421 wardrecreation@pecounty.on.ca	Athol Town Hall 1685 County Road, 10 Cherry Valley www.atholrecentre.wordpress.com/yoga/
	Heron House Pilates & Yoga	Denise Galloway 613-476-4494 hhpilatesyoga@gmail.com	40 Hill Street, Picton www.hhpilatesyoga.com
	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Harmanie Yoga	613-399-3462 Melanie@harmanieyoga.ca	31 First Ave. Wellington www.harmanieyoga.ca
	Indigo Yoga	Sacha Clarke-Squair 613-399-1500 ssquair@kos.net	17811 Loyalist Parkway, Rosehall www.indogyogacentre.ca
	Wellington Recreation Committee	Instructor Gordon Gwynne-Timothy 613-399-5424 gordon.gwynnetimothy@gmail.com	Wellington Town Hall, 246 Main Street www.pecounty.on.ca/government/rec_parks_culture/rec_culture/committees.php
	Yoga Classes & The County Yoga Tour	Valery Philip 613-393-1340 valery.philip@gmail.com	3 Mill Street, Bloomfield www.valeryphilip.com
	Sandbanks Yoga	Betsy Mackinnon 613-399-3463 mackinnon.betsy@gmail.com	Wellington www.sandbanksyoga.com
	Fitness & Yoga	Kathy Mcalpine-Terpstra 613-476-5289	www.kathymcalpine-wellness-physicalfitness.com/

Youth Programs & Activities	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Recreation Outreach Centre	Darlene Thompson 613-476-2001 or 613-476-7901 x 219 darlene.roc@live.com	33 Nery Avenue, Picton
Zumba	Prince Edward Fitness & Aquatic Centre	Meloni Horton 613-476-7776 meloni@pefac.ca	13263 Loyalist Parkway, Picton www.pefac.ca
	Fitness By Powers	Tracy Powers 613-391-7129	129 Main Street Picton Programs also in Wellington
	Mountainview Women's Institute	c/o Sandy Latchford 613-961-7920	Ameliasburgh Town Hall 19 Coleman Street, Ameliasburgh

Financial Assistance:

The Prince Edward Fitness & Aquatic Centre: Offers financial assistance to members of the community who are unable to pay the full fee. Contact 613-476-7776 to arrange an appointment with the General Manager.

Recreation Outreach Centre: All programs are free. Contact 613-476-2001 or 613-476-7901 ext. 219.

Canadian Tire Jump Start: Offers financial assistance, up to \$300 per session, to qualifying children and youth, ages 4 to 18, for registration, equipment or transportation costs for most recreation activities. Contact Picton Chapter for Prince Edward County c/o Wendy Lane, County of Prince Edward Recreation, Parks and Culture 613-476-2148 x 423 or e-mail wlane@pecounty.on.ca

Prince Edward Yacht Club - Jr. Sailing School: Funding available for CAS, County Social Services, Big Brothers & Big Sisters. Contact 613 476-5585

Content is provided as an information-sharing service and inclusion is not an endorsement by the Health Unit, the Physical Activity Network or its members. Updating will occur regularly and we will attempt to be current.

If you are aware of any errors or omissions, please contact Marie Clarke at the Health Unit at 613-966-5513 ext 309.

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