

Oral Health School Screening

Dear Parent or Guardian:

A Registered Dental Hygienist checked your child's teeth as part of the Oral Health School Screening program and this Report Card explains what they saw. It is possible that your dentist might find other required care. Therefore, this screening does **NOT** replace your regular visit to your dentist.

For more information:

Phone: 613-966-5500 Toll-free: 1-800-267-2803

TTY: Dial 711 or 1-800-267-6511



Public Health is committed to providing accessible programs and services to all. To request this or any other publication in an alternative format, please contact 613-966-5500 or email accessibility@hpeph.ca.

www.hpepublichealth.ca

unsweetened apple sauce · cheese
fruit · yogurt · hard-boiled egg
vegetables · hummus

Ideas

Set a snack time. Avoid "grazing";

Choose water to quench thirst.

Tips

Snacking

Smart



FREE Oral Health Clinics

For children 0-17 years of age
(by appointment only)

Belleville

Every Tuesday

North Hastings

1st Thursday of every month

Quinte West

2nd Wednesday of every month

Prince Edward County

3rd Monday of every month

Central Hastings

35 Bridge St. Picton
(Gateway Community
Health Centre - Tweed)

4th Friday of every month

To book an appointment for any of the above clinics, please call:

Hastings Prince Edward Public Health

613-966-5500 or toll-free: 1-800-267-2803 ext. 680

TTY: Dial 711 or 1-800-267-6511

Name: _____

Date: _____

No Care Required

Decay

Other _____

Urgent Care Required

Please complete and return the enclosed Healthy Smiles Ontario Parent Notification Form.

Notes for the Dentist

Preventive Care Recommended (see reverse to book an appointment →)

Fluoride

Sealant(s)

Scaling

Oral Hygiene Instruction

Definitions

Decay: Tooth decay, which is also called a cavity, is the breakdown of the tooth structure.

Fluoride: Fluoride is painted on teeth to make them stronger and prevent cavities/decay.

Scaling: Professional cleaning, or scaling, involves the removal of tartar.

Sealant(s): Pit and Fissure Sealants are plastic coatings placed in the deep grooves and pits of teeth to help prevent cavities.

Oral Hygiene Instruction: Toothbrushing, flossing, and healthy snacking lesson.

Please discuss the above with your family dentist, or if you require financial assistance for dental care please contact Public Health.

Signature: _____
Registered Dental Hygienist