**NICOTINE REPLACEMENT THERAPY DECISION-MAKING ALGORITHM**

Are you smoking?

NO

YES

Use these evidence-based smoking cessation strategies:

* Ask about smoking status
* Advise patients to quit
* Assess readiness to quit using NRT Clinic Intake Form
* Are you ready to quit?

Are you using NRT?

NO

Congratulations!

* Plan for Continued Success Certificate
* Evaluation phone call

YES

NO

YES

Discuss behavioural interventions, lifestyle changes and success with goals

* Assist with making a quit attempt or offer harm reduction strategies if unready to quit
* If eligible, offer NRT or continue NRT, following Guidelines for Titration of Combination System NRT; otherwise, discuss possible withdrawal symptoms or reduce to quit strategies
* Arrange follow-up appointment
* Did you use the suggested dosage of NRT?

YES

NO

NO

Did you have any symptoms of withdrawal?

Did you use more NRT than recommended?

YES

YES

* Consider increasing the NRT dose and review goals
* Consult with MOH or HCP if **NRT patch dose** will exceed maximum of **84 mg** (21 x 4) or

**49 mg overall NRT** for pregnant / lactating women

* Arrange follow-up appointment

NO

NO

* Maintain NRT dose, review goals and prepare to decrease NRT next visit
* Arrange follow-up appointment

Are you comfortable with reducing NRT?

* Review goals
* Reduce NRT by ≤ 7 mg as per Guidelines for Titration
* Arrange follow-up appointment

YES