

This is Public Health

Hastings Prince Edward Public Health
2018 Annual Report



HASTINGS PRINCE EDWARD
Public Health



Our Community

Hastings Prince Edward Public Health (HPEPH) is a public health agency that serves the counties of Hastings and Prince Edward from four local offices. We provide programs and services to all individuals in our communities, to help improve and maintain their health. We also work to ensure that priority populations in our region have equitable access to public health services. We strive to work collaboratively with our Indigenous communities to strengthen partnerships and build important connections. Residents over age 50 represent nearly half the population in our region, and experience an increased occurrence of chronic disease. We work to promote various ways to prevent these illnesses. With nearly half of the HPE population living in a rural area, many residents experience unique challenges accessing health supports and we work to identify and address these gaps. Many of our residents also live in low-income situations and experience many of the corresponding impacts such as food insecurity, lack of safe and affordable housing, and unemployment. At HPEPH, we continue to work to identify and address the needs of priority populations through our many programs and services, despite our limited resources and the competing demands in our catchment area.



Message from the Board of Health Chair

Throughout 2018, the staff at HPEPH continued to provide exceptional services to our communities, working diligently to keep local residents healthy and safe. A seamless transition of leadership took place as we welcomed our newly appointed Medical Officer of Health, Dr. Piotr Oglaza to the team at HPEPH. We were also pleased to launch our Strategic Plan for 2019-2023. This plan was developed in consultation with community stakeholders and staff, and is intended to guide our operations over the next five years. We are grateful to everyone who took the time to provide valuable feedback throughout the engagement process, and help shape the future of Public Health.

I am proud of the work completed throughout the year, and on behalf of the Board of Health, look forward to continuing to guide the work underway to help people become as healthy as they can be.

Jo-Anne Albert
CHAIR, HASTINGS PRINCE EDWARD BOARD OF HEALTH
MAYOR, MUNICIPALITY OF TWEED, COUNTY OF HASTINGS

Board of Health Members

CHAIR

Jo-Anne Albert
Mayor, Municipality of Tweed,
County of Hastings

MUNICIPAL REPRESENTATIVES

Stewart Bailey
County of Prince Edward

Andreas Bolik
County of Prince Edward

Terry Cassidy
City of Quinte West

Sean Kelly
City of Belleville

Michael Kotsovos
City of Quinte West

Jan O'Neill,
Mayor - Municipality of Marmora
Lake, County of Hastings

Bill Sandison
City of Belleville

PROVINCIAL APPOINTEES

Dr. Craig Ervine

Deborah Goulden

Douglas Lafreniere

Joy Martin

Message from the Medical Officer of Health and CEO

I was very pleased to be appointed as Medical Officer of Health and Chief Executive Officer for HPEPH in the summer of 2018. Our team has made significant progress throughout the year, including the development of foundational functions and processes which will help guide and enhance our programs and services to ensure we can meet the specific needs of our community. We also encountered many new challenges over the course of the year. A confirmed case of mumps in our region reinforced the importance and value of immunizations. We responded to local overdoses linked to fentanyl and purple heroin, and expanded our harm reduction programs and services. Recognizing the new reality of extreme weather events, staff worked to help the public prepare for extreme heat and cold. The legalization of cannabis also presented unique challenges and educational opportunities. Through the launch of our Strategic Plan 2019-2023, we identified core corporate values of Collaboration, Advocacy, Respect, and Excellence. Over the year, HPEPH staff continued to deliver exceptional work and demonstrate these values, and I look forward to continuing the positive impacts of our work as we move forward together.

Dr. Piotr Oglaza MD, CPHI(C), CCFP, MPH, FRCPC

MEDICAL OFFICER OF HEALTH & CEO, HASTINGS PRINCE EDWARD PUBLIC HEALTH



FINANCIAL STATS

Each year, the HPEPH Board of Health produces a financial report for review of the public. Our complete financial statements are available at hpePublicHealth.ca.



Public Health Planning

HPEPH staff have worked to monitor, analyze and report on the health status of our local population, to help create and refine programs and services that meet the needs of our community. We worked to identify and reduce health inequities so that everyone can have an opportunity to be as healthy as possible. We promoted ongoing readiness for emergencies to ensure residents and community partners are equipped to respond to unexpected incidents that have public health impact.

ACHIEVEMENTS IN 2018

- Published 2017 Population Health Assessments
- Established partnership with SE LHIN
- Collaborated with community partners to facilitate data sharing
- Developed Organizational Health Equity Strategy
- Hosted Health Equity Workshops
- Completed situational assessment with local Indigenous Community Partners
- Participated in Hastings County Stewardship Meeting Table

KEY STATISTICS

10 Population Health Reports published online

53 Participants attended Health Equity Workshops

50+ Staff completed online training to assess Health Equity Impacts





Healthy Communities

We worked to prevent injuries within our community by raising awareness of road safety, providing education about lower risk drug and alcohol use, and encouraging falls prevention. We have continued to work with local municipalities to support the creation of healthy built environments. We also continued to promote healthy active play for all ages, and raise awareness of the risks of screen time. As cannabis was legalized in 2018, we provided comprehensive information about the risks of cannabis use.


ACHIEVEMENTS IN 2018


- Provided Healthy Minds @ Work Sessions
- Hosted mental health training for managers of local organizations to assist in the creation of psychologically safe workplaces
- Provided input into Prince Edward County's Official Plan
- Hosted 2 workshops to support licensed establishments in reducing harms related to alcohol

KEY STATISTICS

89 Employees from child care centres participated in our workshops about outdoor play

22 Screen free events were held throughout our region

 Provided 'standard drink' exercises in **5** local locations

 Promoted physical literacy toolkit at **4** local schools

Healthy Environments

We continued to investigate, assess, and mitigate potential or suspected health hazards. We provided advice and information to the public to help prevent illness related to drinking water. We inspected recreational water sites to reduce water borne illness or water related injury. We continued work underway to raise awareness of the risks of rabies, West Nile Virus, and Lyme disease, as well as provided residents with information to prevent these illnesses. Work continued to inspect personal service settings and ensure they were safe. We also initiated activities to address the health impacts of climate change.

ACHIEVEMENTS IN 2018

- Provided annual courses for Small Drinking Water Systems and Swimming Pool Operators
- Launched online tool to answer questions about water
- Issued notices for extreme heat and cold weather patterns
- Inspected summer camps and seasonal farm workers' housing
- Implemented new food premises regulations




KEY STATISTICS


 **108** Water quality events were addressed

 **80** Recreational water facilities and swimming pools were inspected


 **87** Small drinking water inspections were conducted

 **551** Suspected rabies investigations were completed

 **1,710** Pets were vaccinated through collaborative low-cost vaccination clinics

 **1,946** Food premises inspections were completed

 **52** Food Handler Training Courses were offered

 **1,250** Safe Food Handler Certifications were provided

 **52** Healthy Menu inspections were completed

 **915** Smoke Free Ontario Act Inspections were completed

Healthy Families

We provided programs, resources and support to help families get and stay healthy. We offered breastfeeding classes, consultations, and baby-feeding drop ins. We also offered prenatal education sessions and consultations to support healthy pregnancies and worked to support good oral health through screenings at schools, daycares, and oral health clinics. We also promoted healthy fertility for individuals in their reproductive years.

ACHIEVEMENTS IN 2018

- Promoted World Breastfeeding Week (October 1-7)
- Offered online prenatal eClasses to improve convenience and flexibility for participants
- Saw a 21.4% increase in mothers who attended in-person prenatal education sessions
- Completed enhanced school screening for oral health
- Participated in provincial Oral Health Month campaign
- Delivered multimedia campaigns to promote sexual and reproductive health

KEY STATISTICS

- 196** Families were supported through **610** Baby Drop-In visits
- 190** Families received breastfeeding consultations
- 1,628** Elementary oral health screenings were completed in the 2017-2018 school year
- 1,825** Visits were completed in the homes of local families



Community Clinics

We offered many clinics and classes in our community. We offered regular and seasonal vaccination clinics in both schools and our offices to reduce the occurrence of disease. We provided cooking classes for adults, children, and families to help improve food literacy. We continued to offer our smoking cessation clinics and help people quit smoking. We provided sexual health clinics and services which offered testing, treatment, and counselling. We provided harm reduction services, which included a needle exchange program and provision of Naloxone.

ACHIEVEMENTS IN 2018

- Began planning for healthy eating/active living program for child care centres
- Promoted the Healthy Choices Menu Act
- Held 'Train the Trainer' workshops to train local stakeholders in offering food skills training
- Updated the Food Access Guide to promote access to free and low-cost food
- Expanded community overdose training and Naloxone distribution



KEY STATISTICS

- 91%** of Grade 7 students received Meningococcal vaccine
- 74%** of Grade 7 students received Hepatitis B vaccine
- 61%** of Grade 7 students received HPV vaccine
- 30** High risk children were provided with RSV prophylaxis
- 467** Smoking cessation clients were supported through **1877** counselling sessions
- 18** New or expectant moms were provided with smoking cessation counselling
- 2,350** Flu shots provided
- 17,000+** Vaccinations administered



Reports & Publications

HPEPH prepares and distributes a variety of reports and publications each year. For more information, please visit hpePublicHealth.ca.

- ✔ HPEPH Strategic Plan 2019 - 2023
- ✔ HPEPH Financial Statements 2018
- ✔ 2018 Real Cost of Eating Well Report
- ✔ Communicable Disease Fast Facts Report
- ✔ Communicating Effectively with Parents: An Evidence Summary
- ✔ Increasing Resilience in Children Ages 0-12 Years: An Evidence Summary
- ✔ Public Health's Role in Addressing the Social Determinants of Health: Where do We Start?
- ✔ Building Complete and Sustainable Communities: Healthy Policies for Active Transportation



Connect

hpePublicHealth.ca

- 🐦 @hpepublichealth
- 📍 Hastings Prince Edward Public Health
- ☎ 1-613-966-5500
- ☎ 1-800-267-2803
- ✉ info@hpeph.ca

MAIN OFFICE - BELLEVILLE
179 North Park St., Belleville, ON K8P 4P1

NORTH HASTINGS
1P Manor Lane,
Professional Services Building, L1-024
Bancroft, ON K0L 1C0

PRINCE EDWARD COUNTY
Suite 1, 35 Bridge St., Picton, ON K0K 2T0

QUINTE WEST
West End Plaza
499 Dundas St. West, Trenton, ON K8V 6C4

We are committed to providing accessible publications, programs and services to all. For assistance please call 613-966-5500 TTY: 711 or email accessibility@hpeph.ca





HASTINGS PRINCE EDWARD
Public Health

hpePublicHealth.ca / 1-800-267-2803 / 613-966-5500

BELLEVILLE / NORTH HASTINGS / PRINCE EDWARD COUNTY / QUINTE WEST