

PRENATAL EDUCATION



Online: *InJoy eClasses*
Web-based and mobile-friendly

In-Person:

- Breastfeeding
- Birth Basics - Confidence & Comfort

Breastfeeding sessions are offered in Belleville, Quinte West and Prince Edward County.

For classes in Centre Hastings, call Gateway Community Health Centre 613-478-1211 and North Hastings call Midwifery Services of Haliburton-Bancroft 705-457-9992.

Register Early!

Visit: hpePublicHealth.ca
(Clinics & Classes - Prenatal Education)

T: 613-966-5500 ext. 223

T-F: 1-800-267-2803 ext. 223 TTY: 711
Text: 450-990-5551

We are committed to providing accessible publications, programs and services to all. For assistance, please call 613-966-5500; TTY: 711, or email accessibility@hpeph.ca. For more information, please visit hpePublicHealth.ca.



RH-8-F Oct, 2019