

HOW TO SAFELY WEAR A MASK:

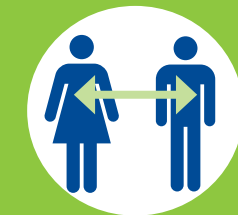


- ✓ Do wash your hands before putting it on & taking it off
- ✓ Do make sure it fits to cover your mouth & nose
- ✓ Do wash your cloth mask in the laundry
- ✓ Do clean surfaces that a dirty mask touches
- ✗ Don't touch your face or mask while using it
- ✗ Don't use masks on children under 2 or those who can't breathe with them on
- ✗ Don't share your mask with others
- ✗ Don't wear medical masks, keep them for health care workers

The best protection is



Stay home



Keep a 6 foot distance



Wash hands often

Adapted from Toronto Public Health