



COVID-19 Please complete before attending school or child care.

1. Does your child, or any household members have any of the following new or worsening symptoms? If symptom is related to known condition, do not answer YES unless symptom is new, different, or worse.



Fever > 37.8°C



Cough



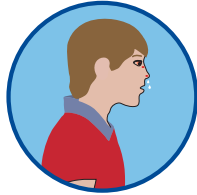
Difficulty breathing or shortness of breath



Decrease or loss of taste or smell



Sore throat, painful swallowing



Runny/stuffy nose



Headache that is unusual/long-lasting



Nausea, vomiting diarrhea



Muscle aches or extreme tiredness that is unusual

2. In the past 14 days, has your child or anyone in the household travelled outside of Canada?(Does not apply to those exempt from federal quarantine as per Group Exemptions, Quarantine Requirements)

3. Has your child had close contact with someone who has COVID-19?

4. Has your child been instructed to stay home and self-isolate?

5. Is anyone your child lives with currently experiencing new COVID-19 symptoms and/or waiting for test results after experiencing symptoms?

6. In the last 14 days, have you received an alert exposure through the COVID app?

If you answered YES to question 1, your child and all household contacts, must isolate until the symptomatic individual receives a negative COVID-19 result or alternate diagnosis from a healthcare provider. If you answered YES to questions 2,3,4, or 5, self-isolate and follow the direction of public health.

If you answered **NO** to all of these questions, you have passed and can go to work/attend your activity.

If testing is recommended but does not occur, child must isolate for 10 days from symptom onset. Household contacts must isolate for 14 days following last contact with child.

If the symptomatic individual cannot isolate from the rest of the household, ALL household members must quarantine for 14 days, starting from the end of the symptomatic individual's isolation period.

How do I isolate my student/child?



Stay home



Wash hands frequently



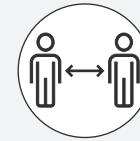
Wear a face covering, if possible



Avoid contact with others



Cover coughs and sneezes



Keep your distance

Household members of symptomatic individual must also isolate until the symptomatic individual receives negative test results or an alternate diagnosis from a healthcare provider.

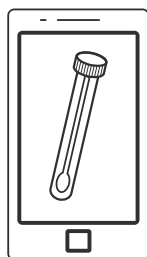
For detailed isolation instructions, please visit [hpePublicHealth.ca](https://www.hpepublichealth.ca)



How do I get my student/child tested for COVID-19?

Visit [hpePublicHealth.ca/getting-tested-for-covid-19/](https://www.hpepublichealth.ca/getting-tested-for-covid-19/) for information on locations and hours of operation for assessment centres in Hastings and Prince Edward Counties. Assessment centres can also be contacted directly:

- Bancroft - 613-961-5544 or 613-969-7400 ext. 6222
- Belleville and Trenton - 613-961-5544
- Picton - 613-813-6864



How do I access my student/child's test results?

Test results are available online at [covid-19.ontario.ca](https://www.covid-19.ontario.ca)