

Main Office – Belleville

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December 19, 2020

CLIENT/EMPLOYEE NOTIFICATION: POSITIVE CASE OF COVID-19 AT PETERSON ORTHODONTICS

Dear Client/Employee:

The purpose of this letter is to inform you that a person at Peterson Orthodontics has tested positive for COVID-19. If you are receiving this letter, there is a low risk that vou may have been exposed to COVID-19 if you were at the clinic on December 14, 15 or 16, 2020. We recognize that receiving this information may be stressful and we want to make you aware of steps that will take place going forward.

Please note, if you are receiving this letter, you have <u>not</u> been identified as having high-risk exposure to the case. Hastings Prince Edward Public Health (HPEPH) is working with Peterson Orthodontics to identify clients and employees who may have been in contact with the case. It is important to note that **not all clients/employees will be** affected by the positive case.

What will HPEPH do to respond to this positive case?

- Public Health has contacted the individual who tested positive for COVID-19*
- HPEPH will identify and contact all individuals who had high-risk exposure to the person who tested positive
- HPEPH will provide additional direction to high-risk contacts and to Peterson Orthodontics to protect members and staff and prevent the spread of COVID-19

What should you do?

- Continue to follow Public Health recommendations.
- If you are contacted by HPEPH, follow the guidance provided.
- If you do not develop symptoms or receive a call from your workplace or HPEPH, you can continue going about your normal daily activities.
- It is not necessary to be tested at this time if you do not have symptoms of COVID-19. Testing now may lead to unnecessary or repeat testing.
- Please monitor for symptoms of COVID-19 for 14 days after your last possible date of exposure.
- If you show symptoms of COVID-19, immediately isolate from others, Book an appointment with an assessment centre and go for testing. If you go for testing, please reference OB# 2238-2020-27150.

Also:

• Limit contact with others, especially in health care settings, with seniors and/or other vulnerable populations

If you develop any symptoms of COVID-19 in the 14 days after your last possible exposure, please:

- Self-isolate at home and away from others. Get tested as soon as possible. When you go for testing, please reference OB# 2238-2020-27150.
- Information about Hastings and Prince Edward Counties COVID-19 Assessment Centers can be found <u>on our website</u>.
- Stay self-isolated until test result comes back
- Review the Public Health Ontario self-isolation factsheet.
- Call Hastings Prince Edward Public Health 613-966-5500 or 1-800-267-2803, your health care provider or Telehealth Ontario at 1-866-797-0000.
- DO NOT GO TO THE HOSPITAL OR YOUR DOCTOR'S OFFICE WITHOUT CALLING FIRST to tell them that you have been near someone with COVID-19

For more information go to <u>hpePublicHealth.ca</u>, where you will find fact sheets, and information on COVID-19 symptoms and screening, self-monitoring, self-isolation, and testing. On the website you can also find the COVID-19 dashboard which provides up to date information on COVID-19 in Hastings and Prince Edward counties.

***Note:** Personal health information may be provided to the workplace only for the purpose of contact tracing. Workplaces must protect the personal information of their employees. The name of the individual who tests positive for COVID-19 and their contacts will not be disclosed publicly.

Sincerely,

Hastings Prince Edward Public Health