

Updated March 21, 2022

STOP

Do not enter if you have:

- Fever or chills
- Cough
- Shortness of breath
- Decrease or loss of taste or smell
- OR two or more of:
 - Runny nose or nasal congestion
 - Headache
 - Extreme fatigue
 - Sore throat
 - Muscle aches or joint pain
 - Gastrointestinal symptoms (such as vomiting or diarrhea)

Do not enter if:

- You have tested positive for COVID-19*; or
- You have been told by public health or a health care provider to isolate at home; or
- Anyone in your home has had symptoms of COVID-19, or has tested positive for COVID-19* **AND** any one of the following applies:
 - You are under 18 years of age and are not fully vaccinated
 - **OR** you are 18 or over and have not received a booster dose
 - **UNLESS** you have tested positive for COVID-19 in the last 90 days and have already completed your isolation period
- In the last 5 days (if fully vaccinated) or in the last 10 days (if not fully vaccinated).

What to do:

Isolate immediately, and visit [Ontario.ca/exposed](https://ontario.ca/exposed) or hpePublicHealth.ca for more information.