



Sample Student Survey: Grades 4 to 8

A healthy school environment is important to everyone. We are asking caregivers, staff, and students to give us ideas about how we can create a healthy school. Please complete the questions below and return the survey to your teacher.

1. What current school activities make you feel good and feel healthy?

2. What else would you like to have at your school to help you feel healthier?

3. How can we make these ideas happen?

4. As a student, what issues are important to you? Please check all boxes that apply; *then place a star next to the three most important issues.*

- ☐ Mental health
- ☐ Physical activity
- ☐ Violence and bullying
- ☐ Healthy eating
- ☐ Healthy relationships
- ☐ Puberty and sexual health
- ☐ Substance use (i.e. cannabis, alcohol, tobacco)
- ☐ Other:

5. What is your idea of a healthy school? (if you prefer, you can draw a picture on the back of this survey)

6. Are you interested in being part of our Healthy Schools Action Team? If you want to be part of the Team, please provide your information below.

Name:

Teacher:

Grade: