

Healthy Schools Program Annual Report 2020-2021

Highlights

COVID-19 Pandemic Response

 **21** school-related cases

570 high-risk contacts were identified and required to isolate for 14 days from last exposure.



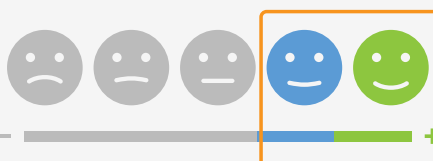
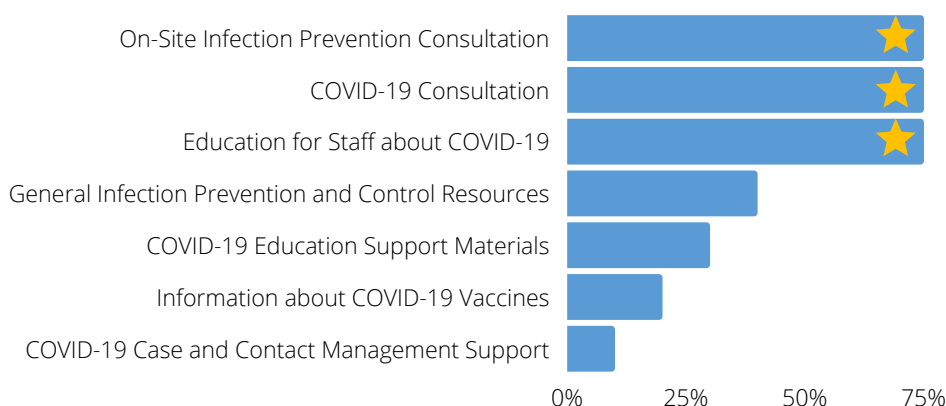
62 cases did not attend school during their period of communicability

 **0** school outbreaks

 **1** school bus outbreak

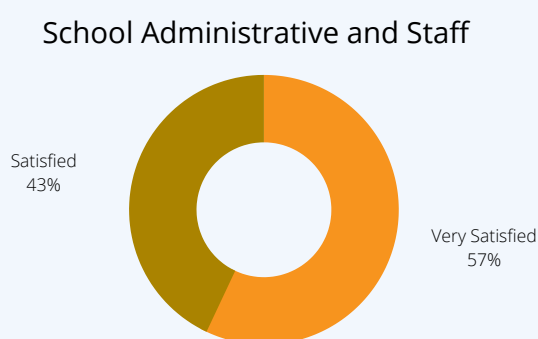
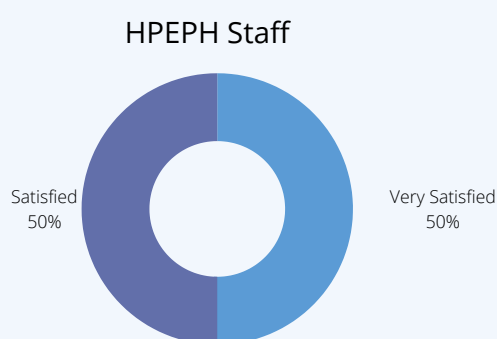
Healthy Schools Program Satisfaction Survey Results

COVID-19 Supports Provided by HPEPH to Schools
★ = most frequently provided supports



Survey participants were either satisfied or very satisfied with all the supports provided by HPEPH.

Satisfaction with the Connection and Partnership Between Schools and HPEPH



Healthy Schools Resources: Most Viewed Web Pages

- 1 Back to School Planning for Parents **13,335 views**
- 2 Substance Use, Addiction and Related Behaviors **10,466 views**
- 3 Covid-19 Resources for School Administrators **1,063 views**
- 4 Newsletters and Social Media **1,018 views**



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Healthy Schools Resources



46 newsletter subscribers

132 electronic newsletters were **sent out** and were **viewed 77 times (58%)**, and were **clicked on 26 times (20%)**.



Glow germ kits were lent out **36** times to schools.



HPEPH provided **735** copies of print resources and posters to schools.



The "Back to School Planning for Parents" webpage with COVID-19 related information was **viewed 13,335** times and **clicked 4,342** times.

School Staff Training

Infection Prevention and Control (IPAC) Training

During the beginning of the school year, HPEPH provided in-person COVID-19 IPAC training for staff at 28 schools.

P.A.L.S. Training

To support schools in the delivery of the P.A.L.S. program (a physical activity leadership program for students in Grades 6-8) HPEPH offered two virtual trainings to both the ALCDSB and HPEDSB. A total of 20 Child and Youth Workers participated in the training.

School Public Health Clinics

Clinics were provided by public health nurses at seven HPEDSB secondary schools. The following services were provided to support student health and well-being:

- Healthy Sexuality (contraception, STI and pregnancy testing, treatment, counselling)
- Tobacco and Vaping Cessation
- Mental Health and Substance Use Tier 1 Support and Referrals
- Immunization

During the 2020-2021 school year the public health clinics had **a total of 381 visits** from September 8, 2020 to April 30, 2021. Schools were closed to in-person learning from January to February 2021, and again from April to June 2021.

The school administrators and support staff expressed that the clinics:

"[provided an] invaluable service."

"Filled a huge need."

"[are an] integral part of our school"

"[offer] another group of adults for students to connect with."

During the 2021-2022 school year HPEPH plans to work in partnership with ALCDSB to establish school clinics in secondary schools to support student health and well-being.

2021-2022 School Year

The Healthy Schools Program and COVID-19 Response demonstrated a strong partnership between public health, school boards and schools in 2020-2021. This partnership will help to achieve shared goals to improve the health and wellbeing of children and youth in Hastings and Prince Edward Counties and support academic achievement. We look forward to feedback in 2021-2022 so we can better serve staff, students, families and the whole school community.

Check out the Healthy Schools Program at: hpePublicHealth.ca/healthyschools



For more information or to request this document in an alternate format, call 613-966-5500 or visit hpePublicHealth.ca.