

# RAAM CLINIC

## Rapid Access Addiction Medicine Clinic

250 Sidney St. Belleville (Suite 101)

No Appointment Necessary– No Referral Needed!

### Is this for ME?

**Are you ready to reduce the harms you may be experiencing from your substance use?**

**Do you have questions about what your options are for help?**

Based on YOUR goals, on-site judgement-free support is available at the RAAM clinic from:

- ✓ Addiction Counsellor
- ✓ Peer Support Worker
- ✓ Physician
- ✓ Registered Nurse
- ✓ Trauma Therapist

### Who Qualifies?

Anyone 16 and older who wants to reduce the harms associated with their substance use. Substances can include alcohol, narcotics, cannabis, stimulants, sedatives, hallucinogens (and more) or any combination

### Where?

**CMHA HPE**

**250 Sidney Street Belleville (Suite 101)**

(CMHA entrance is at the rear of building)

If using Belleville Transit: Use Bus #2

### What should I bring?

- ✓ Ontario Health Card\*
- ✓ List of medications: prescription and over the counter

(\*If you do not have a Health Card, please come - we will support you to acquire one)

### When?

**MONDAY and TUESDAY (9am-12pm)**

**WEDNESDAY (1-3pm)**

**First come, first served**

(The clinic is closed on statutory holidays)

**For more information, please scan:**



[cmhahpe.ca](http://cmhahpe.ca)



Canadian Mental  
Health Association  
Hastings Prince Edward  
Addictions and Mental Health Services