

Hastings Prince Edward Public Health Board of Health Meeting

Information Items

Wednesday, December 4,2024

Listing of Information Items Board of Health Meeting – December 4, 2024

- 1. Hastings Prince Edward Public Health Letter of support re Hastings County for application for funding to The Bridge Integrated Care Hub through the John Howard Society Belleville dated September 17, 2024
- 2. HKPR District Health Unit Letter to Prime Minister Trudeau et al re Support for Bills S-233 and C-223 "An act to develop a national framework for a guaranteed livable basic income" dated September 19, 2024
- 3. Sudbury & Districts Public Health Letter to Minister Mark Holland re New measures to help prevent harms to youth from nicotine replacement therapies dated September 11, 2024
- 4. Peterborough Public Health Letter to Prime Minister Trudeau at all re Support for Bills S-233 and C-223 "An Act to develop a national framework for a guaranteed livable basic income dated October 2, 2024
- 5. Sudbury & Districts Public Health Letter to Minister Jones and Mr. Michael Sherar re Support for Ontario to continue to protect the safety of private drinking water dated October 16, 2024 (see also Gore Bay and Manitoulin Islands letter)
- 6. Peterborough Public Health Letter to Premier Doug Ford et al re Funding support for student nutrition programs dated October 29, 2024



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September 17, 2024

Attention: Deborah Headley, Director **Hastings County** Community and Human Services 228 Church Street Belleville, ON K8N 5E2

Via email: headleyd@hastingscounty.com

Dear Ms. Headley:

Communities across Canada are being impacted by the opioid crisis, and Hastings Prince Edward Region is no exception. However, there are currently very limited local services to support individuals struggling with substance use and addictions. While local agencies have been working to gain momentum on development of a solution for some time, in 2020, the intersecting impact of the COVID-19 pandemic, poisoned drug supplies in our region, and a housing affordability crisis across the province reinforced the need for an urgent and immediate local intervention.

As part of these efforts, the Drop-In Centre located in the basement of the Bridge Street United Church was created as an expansion of a smaller-scale drop-in previously located within John Howard Society offices. Originally focusing on providing basic needs such as shower and laundry facilities, harm reduction, and food security, this Drop-In program has evolved, and will now become the Integrated Care Hub located at 1 Alhambra Square in Belleville, in partnership with many other local agencies and services.

All partners involved recognize that we need a strategic and long-term solution for this ongoing crisis, and are working together to create a Community Drug Strategy. However, while this strategic work is underway to address system issues related to substance use and addiction, urgent action is required now, to provide immediate assistance to the population affected by substance use, addictions, and drug poisoning.

Hastings Prince Edward Public Health is pleased to support the Integrated Care Hub. and the mission and mandate of the John Howard Society's drop-in program which provides much needed services to those most at risk of negative outcomes related to substance use and addictions. This collaborative approach to support our community's most vulnerable population will make a significant difference in the lives of those we serve while we work together to identify and implement longer term solutions. We are

committed to continue working closely with the John Howard Society and the rest of our stakeholders at the Integrated Care Hub moving forward. Immediate investment in the drop-in program is required to maintain basic support services that are making a significant difference in the lives of the population in need, as well as reducing burden on other areas of the health care system.

We are pleased to support the JHSB's application for funding to maintain adequate staffing at the drop-in.

Sincerely,

Ethan Toumishey, MD, MPH, CCFP, FRCPC

Medical Officer of Health and CEO Hastings Prince Edward Public Health

Dy Ethan Toumishers



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September 19, 2024

The Honourable Justin Trudeau Prime Minster of Canada Justin.Trudeau@parl.gc.ca

The Honourable Chrystia Freeland
Deputy Prime Minister and Minister of Finance
chrystia freeland @parl, gc.ca

The Honourable Mark Holland Minister of Health mark.holland@parl.gc.ca

The Honourable Karina Gould Leader of the Government in the House of Commons karina.gould@parl.gc.ca

The Honourable Andrew Scheer Andrew.Scheer@parl.gc.ca

Alain Therrien House Leader of the Bloc Québécois Alain.Therrien@parl.gc.ca

Peter Julian House Leader of the New Democratic Party peter.julian@parl.gc.ca

Standing Senate Committee on National Finance nffn@sen.parl.gc.ca

Dear Prime Minster, Deputy Prime Minister and Minister of Finance, Minister of Health, House Leaders, and National Finance Committee.

Re: Support for Bills S-233 and C-223 "An Act to develop a national framework for a guaranteed livable basic income"



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Hon. Prime Minister Trudeau Hon. Chrystia Freeland Hon. Mark Holland Karina Gould Andrew Scheer Alain Therrien Peter Julian Standing Senate Committee on National Finance September 2024 Page 2

At its meeting held on September 19, 2024, the Board of Health for the Haliburton, Kawartha, Pine Ridge District Health Unit (HKPRDHU) discussed and endorsed correspondence from Middlesex-London Health Unit urging the support of Bills S-233 and C-223 "An Act to develop a national framework for a guaranteed livable basic income", currently being considered by the Standing Senate Committee on National Finance and in the process of the second reading in the House of Commons.

The HKPRDHU has provided longstanding support for income-based solutions to reduce rates of poverty and household food insecurity. In the Haliburton, Kawartha, Pine Ridge District area, 8.7% of Northumberland households, 10.2% of Kawartha Lakes households, and 12.9% of Haliburton households, live in poverty and struggle to pay for rent, bills and healthy food [1].

When families cannot afford to buy the food they want and need to maintain good health, they are food insecure. Food insecurity is a symptom of poverty.

The health consequences of food insecurity and poverty incur significant costs to Canada's publicly funded healthcare system. Adults in food insecure households are more likely to be diagnosed with a wide range of chronic conditions, including mental health disorders [2], higher stress and anxiety [3], non-communicable diseases [4], and infections [5]. Research also shows that children and teens in food insecure households are more likely to have poorer health, develop chronic conditions like asthma and develop mental health conditions such as depression, social anxiety and suicidal thoughts [6], [7], [8]. Food insecurity also makes it difficult to self-manage conditions through diet [9]. Research linking food insecurity data from population health surveys with administrative health records has provided strong evidence that food-insecure people are more likely to be hospitalized for a wide range of conditions, stay in hospital longer, more likely to be readmitted to hospital and die prematurely (before the age of 83) from all causes except cancer [10].

Inadequate income and household food insecurity result in poor health outcomes and higher healthcare costs. The Board of Health for HKPRDHU supports upstream income-based solutions such as







guaranteed livable basic income as essential components to effectively reduce poverty and household food insecurity.

We appreciate your consideration of this important public health issue.

Sincerely,

BOARD OF HEALTH FOR THE HALIBURTON, KAWARTHA, PINE RIDGE DISTRICT HEALTH UNIT

David Marshall, Board of Health Chair

DM:st

CC: MP Jamie Schmale MP Philip Lawrence City of Kawartha Lakes Haliburton County Northumberland County Association of Local Public Health Agencies Ontario Public Health Association Ontario Public Health Units

Standing Senate Committee on National Finance

National Finance Committee NFFN@SEN.PARL.GC.CA

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Senator Kim Pate, Kim.Pate@sen.parl.gc.ca Senator Krista Ross, Krista.Ross@sen.parl.gc.ca



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September 11, 2024

VIA ELECTRONIC MAIL

The Honourable Mark Holland Minister of Health of Canada House of Commons Ottawa, Ontario K1A 0A6

pear Minister Holland:

Re: New measures to help prevent harms to youth from nicotine replacement therapies

Public Health Sudbury & Districts commends the Honourable Mark Holland for the recent Ministerial order to introduce additional safeguarding measures regarding nicotine replacement therapies (NRT). We are deeply appreciative of your commitment to protect youth from targeted advertising, restrict access to nicotine pouches, and prevent further misuse of NRT which are intended to be used by adults trying to quit smoking.

The new measures outlined in your order are a significant step forward in limiting the interest, access, and recreational use of NRT among young people. These measures align closely with our previous board resolution (#26-24) and correspondence to your office, wherein we urged Health Canada to address the regulatory gap which allowed the sale of nicotine pouches to youth. We also called for increased regulations to restrict the sale of emerging tobacco and nicotine products to ensure that access remains strongly regulated and kept away from children and youth.

We are pleased to recognize that your Ministerial order has addressed these concerns and demonstrate your continued commitment to public health and the protection of youth. We thank you for your attention to this important issue and look forward to working alongside the Ministry of Health to promote and protect the health of all Canadians.

Sincerely,

Mark Signoretti (Sen 12, 2024 12:49 EDT)

Mark Signoretti, Vice Chair, Board of Health *on behalf of* René Lapierre, Chair, Board of Health Myi

M. Mustafa Hirji, MD, MPH, FRCPC Acting Medical Officer of Health and Chief Executive Officer

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The Honourable Mark Holland September 11, 2024 Page 2

cc: Honourable Doug Ford, Premier of Ontario

Honourable Sylvia Jones, Deputy Premier and Minister of Health

Honourable Ya'ara Saks, Canada's Minister of Mental Health and Addictions and Associate Minister of Health

Honourable Michael Parsa, Minister of Children, Community and Social Services Yasir Naqvi, Parliamentary Secretary to the Minister of Health, Honorable Mark Holland

Dr. Kieran Moore, Chief Medical Officer of Health of Ontario France Gélinas, Member of Provincial Parliament, Nickel Belt Jamie West, Member of Provincial Parliament, Sudbury Michael Mantha, Member of Provincial Parliament, Algoma-Manitoulin Viviane Lapointe, Member of Parliament, Sudbury All Ontario Boards of Health

Association of Local Public Health Agencies



Item #4



October 2, 2024

The Honourable Justin Trudeau Prime Minister of Canada Justin.Trudeau@parl.gc.ca

The Honourable Chrystia Freeland
Deputy Prime Minister and Minister of Finance
Chrystia.Freeland@parl.gc.ca

The Honourable Mark Holland Minister of Health Mark.Holland@parl.gc.ca

The Honourable Steven MacKinnon Leader of the Government in the House of Commons Steven.MacKinnon@parl.gc.ca

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Peter Julian
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Standing Senate Committee on National Finance nffn@sen.parl.gc.ca

RE: Support for Bills S-233 and C-233 "An Act to develop a national framework for a guaranteed livable basic income"

Dear Prime Minister, Deputy Prime Minister and Minister of Finance, Minister of Health, House Leaders, and National Finance Committee:

Peterborough Public Health (PPH) agrees with our peers in Middlesex-London, Ottawa Public Health and Thunder Bay Public Health Units, in our support for a guaranteed livable basic income as a policy option for addressing poverty, income and food insecurity and for boosting opportunities for people with lower incomes. We urge you to support Bills S-233 and C-233 "An Act to develop a national framework for a

guaranteed livable basic income", currently being considered by the Standing Senate Committee on National Finance and in the process of the second reading in the House of Commons. These Bills are designed to ensure progress towards developing a basic income model that will be effective in moving individuals and their families out of poverty.

An agreed model, when implemented, will impact many lives. In 2022, 10.9% of Ontarians lived in poverty based on the Market Basket Measure, an increase from 7.7% in 2021. In 2022, 16.2% of Peterborough households, with or without children (20,210 people), were low income based on the Census Family Low Income Measure (CFLIM-AT). Nearly one in five (19%) local households live in a food insecure household. PPH conducts the Nutritious Food Basket survey annually to monitor the affordability of food in Peterborough City and Region. The 2023 results, with its various case studies, demonstrate that incomes, particularly when dependent on social assistance, are not adequate for many residents of Peterborough and its region to afford basic needs. Peterborough

As our Medical Officer of Health, Dr. Thomas Piggott pointed out at a recent local Symposium on Healthy Incomes: "All paths to health lead to income." The evidence to support this assertion is significant:

The link between income and health or well-being

- Income has a critical impact on health, with better health outcomes associated with higher income levels, and poorer health outcomes associated with lower income levels.⁵
- Income increases access to other social determinants of health (e.g., education, food, housing).⁵ In fact, income is understood as having the strongest socioeconomic determinant of food insecurity.^{6,7}
- Children living in poverty have an increased risk for cognitive shortfalls and behavioural conditions, and an increased risk of negative health outcomes into adulthood (e.g., cardiovascular disorders, certain cancers, mental health conditions, osteoporosis and fractures, dementia).^{8,9,10}
- Food insecurity is associated with an increased risk of a wide range of physical and mental health challenges, including chronic conditions, non-communicable diseases, infections, depression, anxiety, and stress.^{11,12,13,14,15,16}
- Among young children, food insecurity is also associated with poor child health, low birth weight, chronic illness, developmental risk, and poor cognitive outcomes, including vocabulary and math skills. ^{17,18,19}

Findings from interventions

Evidence from Canadian trials and internationally suggests that basic income positively impacts health and wellbeing. ^{20, 21} Successful examples of a Canadian basic income include the Old Age Security (OAS) and Guaranteed Income Supplement (GIS). In a cohort of individuals over 65 receiving OAS/GIS, compared to a cohort aged 55-64 years, the probability of food insecurity was reduced by half, even when age, sex, income level, and home ownership were considered. ²² In addition, evidence suggests income supplementation reduces food insecurity for low-income Canadians and positively impacts childhood health outcomes (e.g., birth weight, mental health). ²³ Early findings about the impact of cash transfers in British Columbia also indicate reduced homelessness and substance use for people recently unhoused. ²⁴

Upstream income-based solutions, such as a guaranteed livable basic income, are needed to address poverty, income insecurity, and household food insecurity and their significant impacts on health and well-being.

Sincerely,

Original signed by Councillor Joy Lachica Chair, Board of Health cc: Michelle Ferreri, Member of Parliament, Michelle.Ferreri@parl.gc.ca

Philip Lawrence, Member of Parliament, Philip.Lawrence@parl.gc.ca

Jamie Schmale, Member of Parliament, Jamie.Schmale@parl.gc.ca

Senator Percy Mockler, Chair, National Finance Committee, Percy.Mockler@sen.parl.gc.ca

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Senator Jane MacAdam, Jane.MacAdam@sen.parl.gc.ca

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³ This number is a 3-year average from the Canadian Income Survey (CIS) that needs to be interpreted with caution due to a small sample size and variability in the sample. Food insecurity numbers may be underestimated as CIS samples do not include unhoused individuals or Indigenous Peoples living on-reserve.

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October 16, 2024

VIA ELECTRONIC MAIL

Honourable Minister Sylvia Jones Minister of Health Ministry of Health 5th Floor, 777 Bay Street Toronto, ON M5G 2C8

Michael Sherar
President and Chief Executive Officer
Pubic Health Ontario
661 University Avenue, Suite 1701
Toronto, ON M5G 1M1

Dear Minister Jones and Mr. Sherar:

Re: Support for Ontario to continue to protect the safety of private drinking water

At its meeting on September 19, 2024, the Board of Health carried the following resolution #48-24:

WHEREAS twenty-two percent of households within the Public Health Sudbury & Districts service area rely on private drinking water systems; and

WHEREAS it is recommended that drinking water be tested frequently to ensure that it is safe for human consumption; and

WHEREAS exposure to contaminated drinking water can lead to severe gastrointestinal illness and in rare cases may result in death; and

Sudbury

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Letter

Re: Support for Ontario to continue to protect the safety of private drinking water October 16, 2024

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WHEREAS anyone can become ill from drinking contaminated water; however, children, older adults, and people with weakened immune systems are at a higher risk of the harmful effects; and

WHEREAS Public Health Ontario's Well Water Testing program is a publiclyfunded service that tests water samples from private drinking water sources for indicators of bacterial contamination; and

WHEREAS testing drinking water quality at private laboratories can be cost prohibitive; and

WHEREAS Public Health Ontario in conjunction with the Ministry of Health has proposed joint modernization plans in 2017 and again in January 2023 that proposed discontinuing well water testing as part of a plan to streamline operations; and

WHEREAS the Auditor General of Ontario in its December 6, 2023 <u>Value-for-Money Audit: Public Health Ontario</u>, called for Public Health Ontario and the Ministry of Health to move forward with streamlining laboratory operations in consideration of the proposed modernization plans; and

WHEREAS Public Health Ontario and the Ministry of Health have not yet announced a final plan for streamlining laboratory operations at this time;

THEREFORE BE IT RESOLVED THAT the Board of Health for Public Health Sudbury & Districts strongly recommends to the Minister of Health and to Public Health Ontario that Ontario's Well Water Testing program be continued in the plan to implement streamlined laboratory operations, and That the Board of Health endorse the resolutions adopted by the Council of the Town of Gore Bay (May 14, 2024), the Council of the Corporation of Northeastern Manitoulin & the Islands (May 23, 2024), and the Council of Central Manitoulin (July 8, 2024) concerning provincial well water testing.

Exposure to contaminated drinking water can cause debilitating gastrointestinal illness, particularly in children, older adults and people with weakened immune systems. Close to one quarter of households within Public Health Sudbury & Districts service area rely on private drinking water systems. For these residents, drinking water testing is the only way to know if their drinking water is safe.

For the well-being of residents, our Board of Health support the continuation of Ontario's publicly funded Well Water Testing program and affirm resolutions adopted by the Council of the Town of Gore Bay (May 14, 2024), the Council of the

Letter

Re: Support for Ontario to continue to protect the safety of private drinking water October 16, 2024

Page 3

Corporation of Northeastern Manitoulin & the Islands (May 23, 2024), and the Council of Central Manitoulin (July 8, 2024) concerning provincial well water testing.

Maintaining publicly-funded drinking water testing is a needed service that protects many Ontarians utilizing private drinking water systems. Thank you for your attention to this important issue.

Sincerely,

M

René Lapierre Chair, Board of Health

cc: Dr. M. M. Hirji, Acting Medical Office of Health and Chief Executive Officer

Dr. Kieran Moore, Chief Medical Officer of Health

Local Municipalities

Ontario Boards of Health

France Gélinas, Member of Provincial Parliament, Nickel Belt Jamie West, Member of Provincial Parliament, Sudbury

Michael Mantha, Member of Provincial Parliament, Algoma – Manitoulin

Association of Local Public Health Agencies



May 14, 2024

The Honourable Doug Ford
Premier of Ontario
Legislative Building, Queen's Park
Toronto, ON M7A 1A1
Via Email: premier@ontario.ca

Dear Premier Ford:

Re:Public Health Ontario proposes phasing out free water testing for private wells

Please be advised that the Council of the Town of Gore Bay adopted the following resolution at their meeting of May 13, 2024, regarding the above noted matter;

15772

Moved by Kelly Chaytor

Seconded by Rob Dearing

BE IT RESOLVED THAT Gore Bay Council supports the Township of Archipelago's request to the Province of Ontario to reconsider and ultimately decide against the proposed phasing out of free private drinking water testing services;

FURTHER, this resolution is circulated to all Ontario municipalities, the Minister of Health, and Sudbury District Health Unit.

Carried

Should you have any questions or concerns, please do not hesitate to contact the undersigned.

Respectfully,

Stasia Carr Clerk Cc:

Minister of Health sylvia.jones@pc.ola.org
Sudbury District Health Unit sutcliffep@phsd.ca
Ontario Municipalities



May 23, 2024

Bradford West Gwillimbury 100 Dissette Street Units 7 & 8 Box 100 Bradford, Ontario L3Z 2A7

Thank you for bringing your resolution to our attention. Well water testing is an important need of many of our residents as well.

Council reviewed your resolution and passed the following motion in support with a slight change for our region.

Resolution No. 114-05-2024

Moved by: L. Cook Seconded by: M. Erskine

RESOLVED THAT the Council of the Corporation of the Town of Northeastern Manitoulin and the Islands supports the well water testing resolution put forth by Brandford west Gwillimbury and further that a copy of this resolution be forwarded to Manitoulin Sudbury Health Unit.

Carried

Thank you

Pam Myers

Clerk



6020 Highway 542, P.O. Box 420 Mindemoya, ON P0P 1S0 Tel:705-377-5726

Fax:705-377-5585

Email: ddeforge@centralmanitoulin.ca

July 8, 2024

Item #5

The Honourable Doug Ford Premier of Ontario Legislative Building, Queen's Park Toronto, ON. M7A 1A1

Via Email: premier@ontario.ca

Dear Premier Ford,

RE: PUBLIC HEALTH ONTARIO PROPOSES PHASING OUT FREE WATER TESTING FOR PRIVATE WELLS

Please be advised that the Council of the Municipality of Central Manitoulin adopted the following resolution at their meeting of June 27, 2024, regarding the above noted matter;

Resolution # 200-2024

Moved by: Councillor D. Stephens Seconded by: Councillor Mitchell

BE IT RESOLVED THAT Central Manitoulin Council supports the Township of Archipelago's request to the Province of Ontario to reconsider and ultimately decide against the proposed phasing out of free private drinking water testing services;

FURTHER, this resolution is circulated to all Ontario municipalities, the Minister of Health, and Sudbury District Health Unit...Carried

Please contact our office should you require further information.

Sincerely,

Ms. Denise Deforge

CAO/Clerk

CC. Minister of Health sylvia.jones@pc.ola.org
Sudbury District Health Unit sutcliffep@phsd.ca
Ontario Municipalities



Jackson Square, **185 King Street**, Peterborough, ON K9J 2R8 P: **705-743-1000** or 1-877-743-0101 F: 705-743-2897

peterboroughpublichealth.ca

October 29, 2024

Hon. Doug Ford Premier of Ontario premier@ontario.ca

Hon. Michael Parsa Minister of Child, Community and Social Services MinisterMCCSS@ontario.ca

Hon. Jill Dunlop
Minister of Education
minister.edu@ontario.ca

Dear Premier Ford and Honourable Ministers:

Re: Funding support for Student Nutrition Programs

The Board of Health at Peterborough Public Health would like to stress the importance of the Government of Ontario negotiating and signing an agreement with the federal government that will see federal funding to support provincial student nutrition programs (SNPs), as outlined in the National School Food Policy. In addition, the Board of Health urges that the Province address and increase government funding to SNPs that would close the gap between the national median contribution and provincial contribution. Specifically, the Board urges an increase of provincial funding contribution by \$0.29/student/day to match the national median (provincial/territorial and municipal government contribution) of \$0.39/student/day.

Universal access to nourishing food every day at school supports students' academic success, reduces tardiness, and improves student behaviour. An important step towards health equity and well-being, student nutrition programs contribute to students' physical and mental wellness and foster social connection in a welcoming, stigma-free environment. Program success requires all levels of government to be engaged and supportive of an adequately funded delivery model.

The Board of Health supports negotiating the terms to enhance current programming and help fund new SNPs at schools. As public health experts with extensive experience, including a 32-year history of supporting local programs and working with Ontario SNPs, we urge that a universal program provide a nourishing and culturally appropriate daily meal, use best practices in food safety and delivery, as well as function in inspected and adequately equipped spaces. Programs teach students Canada's Food Guide messages by providing a hands-on learning opportunity to eat more vegetables and fruit, whole grains and protein foods in a socially inclusive environment where they enjoy, prepare and eat healthy food with others.

While a sustainable school food program does not replace adequate income support for underserved families, they do provide nourishment so that students are better able to learn and participate in school, establish healthier eating habits (which may reduce the risk of chronic disease), and foster academic success with improved scores in math, reading and science.

We look forward to seeing the Province enhance their support for adequately funded SNPs in order that all children have access to nourishing food at school every day which will contribute to their overall health and well-being and academic success.

Sincerely,

Original signed by

Councillor Joy Lachica Chair, Board of Health

cc: Local MPPs

Association of Local Public Health Agencies Ontario Boards of Health