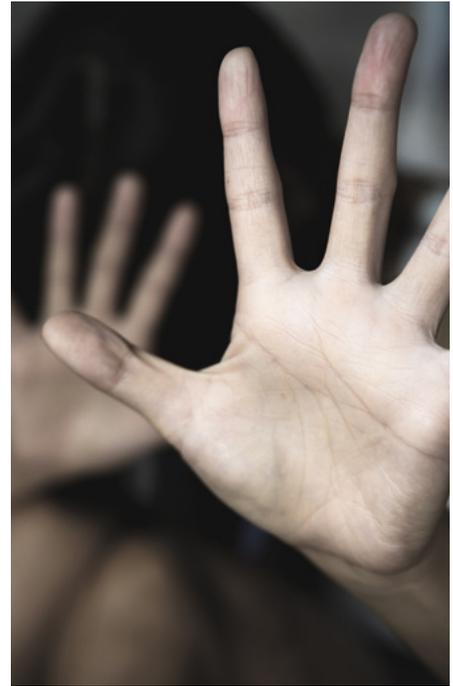


# PROTECT YOURSELF from Sexual Violence

## TRUE OR FALSE?

- |   |   |   |
|---|---|---|
| 1. Sexual violence means that someone forces or manipulates someone else into unwanted sexual activity without consent. | T | F |
| 2. One in four girls and one in eight boys have been sexually abused by the time they are eighteen.                     | T | F |
| 3. Male students have higher rates of physical and sexual violence than female students.                                | T | F |
| 4. You can ALWAYS say no to a kiss, a touch, or whatever, even if you said yes before.                                  | T | F |
| 5. Lack of consent turns sexual contact into an act of sexual violence.   | T | F |
| 6. Once a consent is given it cannot be withdrawn.  | T | F |



## TIPS on how to avoid sexual violence

Be respectful towards each other.

Draw the line. Set your boundaries and respect others' boundaries.

NEVER feel obligated to do more with someone if you don't feel right or comfortable.

Don't use force, threats or violence in your relationships.

Get consent. Only a sober 'yes' means yes.

If you feel uncomfortable exit the scene as quickly as possible.

Stand up for yourself, trust your instincts and get help when things don't feel right.

If you see someone else that appears to be at risk for sexual assault... intervene.

Let's work together and **STOP** sexual violence.

## YOUTH SERVICES

For emergencies contact **911**

### Domestic Violence and Sexual Assault Program

[QuinteHealth.ca/care-service/domestic-violence-and-sexual-assault-program](http://QuinteHealth.ca/care-service/domestic-violence-and-sexual-assault-program)

### Kids Help Phone

Text 686868  
Call 1-800-668-6868  
Visit [kidshelpphone.ca](http://kidshelpphone.ca)

### Sexual Assault Centre for Quinte and District (16+)

24-hour crisis line  
call 1-877-544-6424

Every choice we make and every action we take  
has the power to make a difference!

Answers to True and False questions:  
1. True, 2. True, 3. True, 4. False, 5. True, 6. False